Dear ESRS and ANSS members, Dear Friends and Colleagues,

With this special, one-item ESRS newsletter we want to remind you of the 7th World Congress of the World Sleep Federation, 31 October – 3 November 2015, which is hosted and organized by your society, the ESRS - the European Sleep Research Society. The success of this meeting will be also your success, and a great opportunity to meet colleagues from all over the world while attending an outstanding scientific program in the clinical and basic sleep domains.

We have decided to extend by a few days (Monday, 7 September 2015) the deadline for the registration at intermediate fee, thus do not hesitate to join us in Istanbul, and to respond to the enclosed invitation, we are looking forward to meet you in Istanbul!

With our best wishes

Lino Nobili (ESRS Secretary, Chair Host Local Organizing Committee) and Philippe Peigneux (ESRS President)
Dear Friends and Colleagues,

We urgently invite you to join us in Istanbul for the 7th World Congress of the World Sleep Federation, 31 October – 3 November 2015, hosted and organized by the ESRS - the European Sleep Research Society!

Knowing that many of you have only now come back from a well-deserved vacation, we have decided to extend to you the benefit of registration at the intermediate fee level until the 7th of September, so please do not hesitate taking your chance!

“Sleep and Health” is the motto of the 7th WSF congress. It emphasizes the utmost importance and impact of sleep in our everyday life. In this meeting, attendees have the possibility to learn the state of the art and the latest developments in the field of sleep research and sleep medicine. But as importantly, you have also the opportunity to disseminate and discuss your best research and findings to the sleep community. By your presence you also contribute to grow and strengthen the sleep community and its impact.

The Congress already features an exciting and attractive program with outstanding lectures in the clinical, translational and basic research domains. Keynotes will be delivered by world-leading speakers Gyorgi Buzsaki (USA), Charles Morin (Canada), Jan Born (Germany), Nicholas Franks (UK) and Claudio Bassetti (Switzerland). The Presidential Opening will welcome famous sleep researchers Torbjörn Åkerstedt (Sweden) and Colin Sullivan (Australia) who will share the floor with the Earlier Career Scientists symposium. And the Sleep and Health Opening Plenary Symposium will feature Sonia Ancoli-Israel (USA), Jean-Louis Pepin (France), Seung Bong Hong (Republic of Korea) and Eve Van Cauter (USA).

We have also very attractive international Teaching Courses, high-quality Symposia and Abstract Sessions in five different tracks (see below), ensuring that you will always find a topic fitting your interests or a new domain to discover.

- Sleep And Sleep Disorders In Children And Adolescents
- Sleep, Biological Rhythms, Aging And Quality Of Life
- Cardiovascular Health And Sleep Disordered Breathing
- Sleep Mechanisms And Functions
- Sleep And Neuro-psychiatric Disorders
Visit us at [www.congrex-switzerland.com/worldsleep2015](http://www.congrex-switzerland.com/worldsleep2015) to learn more about the scientific programme and benefit from the intermediate registration fee.

Intermediate registration deadline: **Monday, 7 September 2015, 23:59h, CET**

We are looking forward to welcoming you to Istanbul in 2015 for a successful WSF topical meeting “Sleep and Health”. Join us and enjoy!

Yours sincerely

Philippe Peigneux  
ESRS President

Lino Nobili  
Chair Host local Organizing Committee

Clete A. Kushida  
President of the World Sleep Federation

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**Congress Secretariat**  
**Worldsleep 2015**

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