

NEWSLETTER

August 2012





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HOME PAGE: www.esrs.eu



AN UPDATE ON THE ESRS 2012 CONGRESS IN PARIS

The ESRS 2012 congress in Paris is fast approaching! The full scientific programme is available online at www.congrex.ch/esrs2012 (> Scientific Programme) and we are convinced that the programme is going to be outstanding.

We are proud to announce the following keynote speakers: Dr. Pierre Maquet, Prof. Charles Morin, Dr. Ferran Barbé and Prof. Chiara Cirelli. Additionally, the scientific programme includes symposia, teaching courses, video and case discussion sessions, round table discussions as well as oral and poster sessions. For the first time the ESRS Examination will take place and the European Sleep Science Award will be awarded for the second time.

The meeting will not only provide a pleasant atmosphere for everyone to learn but will also offer a basis for sharing visions for the future of sleep research and sleep medicine.

During this year, the ESRS congress is celebrating its 40th anniversary and we would be pleased if you would be joining us for this celebration. In addition, do not forget to book your ticket for the ESRS Banquet, which will take place at the “Le Théâtre du Merveilleux”, located in a historic wine storage facility in Paris.

If you have not yet registered for the congress, it is now time. Bring your team and colleagues along with you and join the meeting! (Please click [here](#) to register online.)

See you soon in Paris!



REPORT FROM THE FIRST EUROPEAN INSOMNIA MEETING

The first European Insomnia Network Meeting was held in Freiburg from July 4 to July 6, 2012. Participants included colleagues from Amsterdam (Eus van Someren, Jeroen Benjamins), Eindhoven (Roy Rayman), Glasgow (Colin Espie, Simon Kyle), Rome (Caterina Lombardo), Bologna (Roberto Amici), Basel (Kurt Kräuchi), Ingolstadt (Thomas Pollmächer) and Freiburg (Dieter Riemann, Christoph Nissen, Chiara Baglioni, Verena Hirscher, Lukas Frase, Thomas Unbehauen, Johannes Holz).

The aim of the meeting was to gain an overview of ongoing clinical and scientific activities of all the participants. The program encompassed several talks dealing with insomnia diagnosis and classification, insomnia models (animal, chronobiological, human cognitive- psychological and neurobiological). Furthermore different insomnia treatments were addressed and discussed like pharmacotherapy and psychotherapy. On the second day possibilities of insomnia funding by the EU were discussed and joint project opportunities were evaluated. Interactions and discussions were lively and fruitful without the boundaries of a formal conference structure.

The meeting was a great success as there was a fruitful exchange of ideas and discussion of project concepts for the future. It was agreed that internet platforms for collecting data but also for therapeutic purposes are very important and should be established Europe-wide. Furthermore several ideas and plans were made to repeat this exercise of the European Insomnia Network Meeting on a larger-scale basis. The “dream” for the future will be a European Insomnia Congress based on the activities of the network.

Freiburg, July 23, 2012

Dieter Riemann

Sponsored by a grant from Actelion



AGENDA OF THE ESRS BUSINESS MEETING

Date: 6 September 2012, 5:00 – 7:00 pm

Venue: Lecture Hall D, CNIT Paris La Défense, Paris, France

1. Opening by the President of the ESRS
2. Determination of the Election Assistance
3. Acceptance of the Minutes of the Previous Business Meeting
4. Report of the President
5. Report of the Secretary
6. Report of the Chair of the ESRS Research Network Committee
7. Report of the Chair of the ESRS Sleep Medicine Committee
8. Report of the JSR Editor
9. Report of the Treasurer
10. Discharge of the Board
11. Election of the Members of the Board of Officers
12. Election of the Scientific Committee
13. Proposal and Voting of ESRS Bylaws Amendment (annexed in the present August newsletter)
14. ESRS Congress 2014
15. ESRS Congress 2016 (Proposal and Voting)
16. Miscellaneous



REMINDER: CALL FOR NOMINATIONS TO THE ESRS BOARD AND SCIENTIFIC COMMITTEE

In the course of the upcoming Business Meeting at the ESRS congress in Paris, 4 - 8 September, new members for the Board and the Scientific Committee will need to be elected.

Nominations to the ESRS Board

According to the bylaws, members of the ESRS Board are elected for a period of two years, and only one additional two-year renewal in a particular position is possible, to the exception of the Treasurer position that can be renewed without limitation. Four of the six current ESRS Board members (that is, the President, the Vice-President Clinical, the Treasurer and the Secretary) were re-elected in 2010, while the Vice-President Basic and the Assistant Secretary were newly elected. In addition, since 2006 a representative of the ANSS is a regular member to the Board as an ex officio member.

Hence, the following positions must be filled in any case:

The President
 The Vice-President Clinical
 The Secretary

The Board asks you to become active, to meet and discuss with your colleagues and help to ensure the development of the ESRS by nominating colleagues best suited for the successful future of our society. The Board is looking forward to receiving nominations from the membership no later than **August 19, 2012**. Publication of the list of the candidates will be included in the newsletter distributed one week prior the Business Meeting at the Paris congress.

All ESRS members are invited to nominate candidates for the Board positions according to the following rules established by the bylaws:

- both the proposer and the candidate must be regular ESRS members
- he/she should have his/her residence in a European country or in Israel
- re-election after a 2 two-year terms (i.e. after 4 years) in a particular position is not possible, except for the Treasurer.

Any nominations for the Board should include a short accompanying letter specifying:

- name, title, position, institute, department, nationality, address, phone, fax, and email of the nominated candidate
- name and affiliation of the nominator
- expertise (basic animal, basic human, or human clinical) and field(s) of interest (2-5 key words) of the candidate

- previous activities of the candidate in the ESRS
- acceptance in writing that the candidate agrees to be nominated (an acceptance email from the candidate to the secretary is valid)
- a statement for which position of the Board the person is being nominated
- a short curriculum with information relevant for the particular position in the ESRS Board.

This information will be published in the early September ESRS newsletter.

Your proposal should be received by the secretary of the ESRS, Philippe Peigneux (secretary@esrs.eu), no later than **August 19, 2012**. We encourage you to send any nominations by email and, in order to ensure its reception, request a confirmation. Note that no further nominations shall be accepted after that date.

Nominations to the Scientific Committee

The composition of the present Scientific Committee is:

Colin Espie (Clinical)	since 2008, renewed 2010
Paul Franken (Basic Animal)	since 2008, renewed 2010
Thomas Penzel (Basic Human)	since 2008, renewed 2010
Christelle Peyron (Basic Animal)	since 2008, renewed 2010
Joan Santamaria (Clinical)	since 2008, renewed 2010
Sophie Schwartz (Basic Human)	since 2010
Alex Iranzo (Clinical)	since 2010
Rafaelle Manni (Clinical)	since 2010
Simon Archer (Basic Human)	since 2010

The members of the Scientific Committee are elected for 2 years and can be re-elected for an additional two-year term. Thus, we need to elect 5 new members of the Scientific Committee during the upcoming business Meeting in September 2012, whereas 4 members can be re-elected.

The main task of the Scientific Committee is to help the Board with the scientific organization of the ESRS congresses. In practice, this means that the Scientific Committee advises the Board on selection of the symposia, and on selection of the poster and oral presentations after reviewing the submitted abstracts. Note that since sleep is a very broad field, it is necessary that the Scientific Committee represents a wide range of expertise covering all main areas of sleep research and sleep medicine. Being a member of the Scientific Committee is not a small task. The selection of abstracts and assessment of symposia, in particular, constitutes a major task that requires hard work under time pressure.

Nominations for the Scientific Committee should include:

- name, title, position, institute, department, nationality, address, phone, fax and email of the candidate
- name and affiliation of the nominator
- expertise (basic animal, basic human or human clinical) and field of interest (2-5 key words) of the candidate
- acceptance, in writing, that the candidate agrees to be nominated.

Your proposal should be received by the secretary of the ESRS, Philippe Peigneux (secretary@esrs.eu), no later than **August 19, 2012**. We encourage you to send any nominations by email and, in order to ensure its reception, request a confirmation. Note that no further nominations shall be accepted after that date.

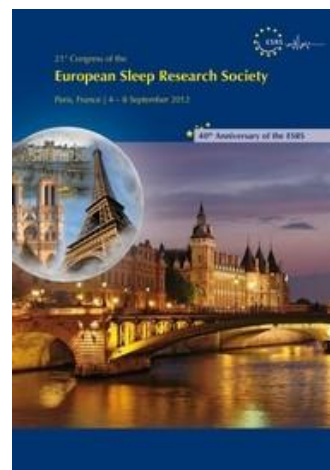


ESRS EVENTS

21st Congress of the European Sleep Research Society

Date: September 4 - 8, 2012
Venue: Paris, France
Website: www.congrex.ch/esrs2012

To download the Preliminary Programme as an E-Book please click [here](#).



Sleep and Breathing

Date: April 11 - 13, 2013
Venue: Berlin, Germany
Website: www.sleepandbreathing.org/
Flyer: www.esrs.eu/...postcard_concept_v7.pdf

2nd international conference organised by the ERS/ESRS





TRAINING & COURSES

International Sleep Medicine Course (ISMC)

Date: September 23 - 27, 2012

Venue: Cambridge, United Kingdom

General Information: www.esrs.eu/.../ISCM_2012_general_information.pdf

Registration Booklet: www.sleeping.org.uk...website.pdf

2nd Alpine Sleep Summer School

Date: August 26 - 30, 2013

Venue: Ljubljana, Slovenia

General Information: www.sleep-summer-school.ch/

Organizing Committee:

Claudio L. Bassetti (Chair), Luigi-Ferini Strambi, Patrick Levy, Thomas Pollmächer (Co-chairs)

Local Organizing Committee:

Leja Dolenc-Groselj (Chair)



FIRST ANNOUNCEMENT

2nd Alpine Sleep Summer School (ASSS)

an introductory course in Sleep Medicine

60 lectures, 12 case studies discussions, video sessions

26 - 30.08.2013
Ljubljana, Slovenia

Preliminary Programm

Monday	Sleep Medicine, Basics
Tuesday	Sleep and Psychiatry Case studies

Wednesday

Sleep and Respiratory Medicine
Case studies

Thursday

Sleep and Neurology
Case studies

Friday

Sleep and Pediatrics
Case studies

Scientific Committee

	Austria	Birgit Högl
	Croatia	Zoran Dogas
	France	Patrick Levy
	Germany	Thomas Pollmächer, Dieter Riemann
	Italy	Luigi Ferini-Strambi, Lino Nobili
	Slovenija	Leja Dolenc-Groselj
	Switzerland	Claudio Bassetti, Mauro Manconi

Chairs

Claudio Bassetti
Luigi Ferini-Strambi
Patrick Lévy
Thomas Pollmächer

Chair local organizing committee

Leja Dolenc-Groselj
Institute of clinical neurophysiology
University medical centre, Ljubljana
www.kclj.si/ikn/



2nd Alpine Sleep Summer School (ASSS) an introductory course in Sleep Medicine

Invited speakers (to be confirmed)

Peter Achermann (CH)	Patrick Levy (F)
Claudio Bassetti (CH)	Pierre-Hervé Luppi (F)
Oliviero Bruni (I)	Mauro Manconi (CH)
Christian Cajochen (CH)	Johannes Mathis (CH)
Leja Dolenc-Groselj (SL)	Lino Nobili (I)
Zoran Dogas (HR)	Jean Louis Pepin (F)
Luigi Ferini-Strambi (I)	Thomas Penzel (D)
Stephanie Fulda (CH)	Giuseppe Plazzi (I)
Birgit Högl (A)	Thomas Pollmächer (D)
Reinhold Kerbl (A)	Dieter Riemann (D)
Oskar Jenni (CH)	Thomas C. Wetter (D)
Hanspeter Landolt (CH)	

Organization/Information:

Ms. Natalija Bah Čad

Go.Mice - PCO agency

Štihova ulica 4

SI-1000 Ljubljana

T: +386 1 430 51 03

F: +386 1 430 51 04

M: +386 40 822 444

Email : natalija.bah.cad@go-mice.eu

Additional information:

www.sleep-summer-school.ch



EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES

International Symposium on Sleep Disorders and 28th Dr. Janez Faganel Memorial Lecture

Date: October 5 - 6, 2012
Venue: Ljubljana, Slovenia
Website: www.kclj.si/ikn/DEJA/FAGA/F12_OS/F12.htm

Organized by the Slovenian Sleep Society

National Congress of the Italian Association of Sleep Medicine (AIMS)

Date: October 21 - 24, 2012
Venue: Parma, Italy
Flyer: www.sonnomed.it/

For detailed information please contact:
elisabetta@avenuemedia.eu or marketing@avenuemedia.eu.



FUTURE MEETINGS

International Congress on Chronobiology

Date: October 3 - 7, 2012
Venue: Delhi, India
Website: www.icc-2012.com/
Invitation Letter: [www.esrs.eu/...Invitation Letter ICC 2012.pdf](http://www.esrs.eu/...Invitation_Letter_ICC_2012.pdf)

Sleep Congress 2012: The Brain, The Mind and Sleep

Date: November 8 - 11, 2012
Venue: Durban, South Africa
Website: www.sleepcongress.co.za/
Organized by the South African Society of Sleep Medicine (SASSM)

IPSA 2012 - International Paediatric Sleep Association Congress

Date: December 5 - 7, 2012
Venue: Manchester, United Kingdom
Website: www2.kenes.com/ipsa2012/Pages/Home.aspx

Seventh Annual Pediatric Sleep Medicine Conference

Date: November 8 - 10, 2013
Venue: Amelia Island, Florida, U.S.A.
Website: www.pedsleepmedconference.com/conference



APPLICANTS FOR MEMBERSHIP

Floriana Boghez

Medical Rrestige, Bucharest, Romania
Sponsor: D. Riemann

Kristel Kasius

St Lucas Andreas Hospital, Amsterdam, The Netherlands
Sponsor: R.J. Schimsheimer

Jan Meulstee

CWZ, Nijmegen, The Netherlands
Sponsor: R.J. Schimsheimer

Luana Novelli

Sapienza University of Rome, Roma, Italy
Sponsor: L. de Gennaro

Mohammad Saiful Azam Sujon, BSc

Brunel University, London, United Kingdom
Sponsor: D. Riemann

Sara E. Stevens, BA

Guys and St. Thomas Foundation Trust, London, United Kingdom
Sponsor: D. Riemann



NEW MEMBERS

The Society welcomes the following new members:

LJA Reichman, MSc

Neurologie, Ziekenhuisgroep Twente, Geerdingsweg 141, 7555 DL Hengelo,
The Netherlands
e-mail: l.reichman(a)zgt.nl

Vukmir Vlastic, MD

Women's and Children's Hospital, 4704 Ambassador Caffery Pkwy, 70508
Lafayette, Louisiana, USA
e-mail: vukmirv(a)yahoo.com

Emily Jane Watson, BA

University of South Australia, City East, North Tce, 5000 Adelaide, Australia
e-mail: emily.watson(a)mymail.unisa.edu.au

EUROPEAN SLEEP RESEARCH SOCIETY OFFICERS OF THE ESRS BOARD

President: Prof. Dr. med. Claudio L. Bassetti
Chairman and Director
Department of Neurology
University Hospital (Inselspital)
3010 Bern, Switzerland
phone: +41 31 632 30 66
fax: +41 31 632 96 79
e-mail: Claudio.Bassetti@insel.ch

Director of Neuroscience,
Neurocenter of Southern Switzerland (NSI)
e-mail: yasmin.belloni@eoc.ch

Vice-President Basic: Prof. Debra Skene
Chronobiology
Faculty of Health and Medical Sciences
Building AY
University of Surrey
Guildford GU2 7XH, United Kingdom
phone: +44 1483 689706
fax: +44 1483 686401
e-mail: d.skene@surrey.ac.uk

Vice-President Clinical: Prof. Dr. Patrick Lévy
Rehabilitation and Physiology Department
Grenoble University Hospital
EFCR, CHU Grenoble
38043 Cedex, France
phone: +33-476765516
fax: +33-476765586
e-mail: PLevy@chu-grenoble.fr

Secretary: Prof. Dr. Philippe Peigneux
Neuropsychology and Functional Neuroimaging
Research Unit
Université Libre de Bruxelles
Avenue F.D. Roosevelt 50
B-1050 Bruxelles, Belgium
phone: +32-2 650 26 39
fax: +32-2 650 22 09
e-mail: secretary@esrs.eu

Asst.Secretary: Dr. Lino Nobili
Centre of Sleep Medicine
Centre for Epilepsy Surgery
Department of Neuroscience
Niguarda Hospital
Piazza Ospedale Maggiore 3
Milan, Italy
phone: +390264447323
fax: +390264442868
e-mail: lino.nobili@ospedaleniguarda.it

Treasurer: Prof. Dr. Dieter Riemann
Department of Psychiatry and Psychotherapy
University Freiburg
Hauptstrasse 5
D-79104 Freiburg, Germany
phone: +49-761-270-6919
fax: +49-761-270-6523
e-mail: dieter.riemann@uniklinik-freiburg.de

Member Co-opted from ANSS:
Prof. Dr. Zoran Dogas, MD, PhD
Department of Neuroscience, Head
University of Split, School of Medicine
Soltanska 2
21000 Split, Croatia
phone: +385 21 557 905
fax: +385 21 557 955
e-mail: zdogas@mefst.hr ; zdogas@gmail.com

Advisory Members:
Past President: Prof. Dr. Thomas Pollmächer
Zentrum für psychische Gesundheit
Klinikum Ingolstadt GmbH
Krumenauerstraße 25
D-85049 Ingolstadt, Germany
phone: +498418802200
fax: +498418802209
e-mail: thomas.pollmaecher@klinikum-
ingolstadt.de

Organizer of the previous ESRS meeting:
Prof. Teresa Paiva
Centro de Electroencefalografia e
Neurofisiologia Clinica (CENC), Lda.
R. Conde Antas 5
1070-068 Lisboa, Portugal
phone: +351 213715450
fax: +352 213715459
e-mail: teresapaiva@netcabo.pt

Member at large:
Prof. Dr. Derk-Jan Dijk
Professor of Sleep and Physiology
Director, Surrey Sleep Research Centre
Phone: + 44 1483-689341 or 2502
Fax: + 44 870-1371590
e-mail: d.j.dijk@surrey.ac.uk

SCIENTIFIC COMMITTEE

Chair:

Prof. Colin Espie
Glasgow, Scotland, United Kingdom

Members:

Dr. Simon Archer
Guildford, Surrey, United Kingdom

Dr. Paul Franken
Lausanne, Switzerland

Dr. Alex Iranzo
Barcelona, Spain

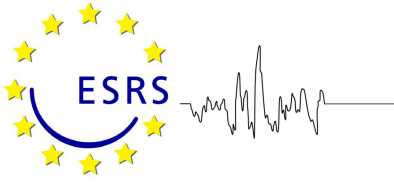
Dr. Raffaele Manni
Pavia, Italy

Prof. Thomas Penzel
Berlin, Germany

Dr. Christelle Peyron
Lyon, France

Dr. Joan Santamaria
Barcelona, Spain

Dr. Sophie Schwartz
Geneva, Switzerland



APPENDIX: BYLAWS AMENDMENT PROPOSAL



Articles of Association of the European Sleep Research Society (ESRS) e. V.

§ 1

Name, Registered Office, Fiscal Year

1. The society which is to be registered in the association register has the name
"European Sleep Research Society (ESRS) e. V."
2. The society has its registered office in Regensburg.
1. The fiscal year of the society is the calendar year.

§ 2

Purpose, Tasks and Public Benefit

1. The purpose of the society is to promote research on sleep and related areas, to improve the care for patients with sleep disorders and to facilitate the dissemination of information regarding sleep research and sleep medicine.
2. The goal of the society is exclusively and directly to serve the public interest within the meaning of the section "Purposes subject to lower tax rates" in the Tax Code. The purpose of the articles of association shall be fulfilled through scientific and practical activities of the members in all areas of sleep research, the care for patients with sleeping disorders and through the continuing education of all professional groups involved in this field. The purpose of the articles of association shall also be implemented through the holding of conferences, symposia, workshops, teaching courses and presentations in the area of sleep research and through the financing of educational visits and the setting up of grants and scholarships. This shall include a publication such as the Journal of Sleep Research (JSR).
3. The society acts on a non-profit basis; it does not pursue business purposes of its own.

4. The funds of the society may only be used for the purposes permitted by the articles of association. The members of the society or other persons shall receive funds from the society only if this is necessary to fulfil the tasks of the society (§2 paragraph 2). The amounts of the funds have to be appropriate for the tasks. The consent of the board of officers is necessary for this purpose.
5. Upon dissolution or termination of the society or if the current purpose ceases to apply, a resolution shall be passed regarding who shall receive the assets of the society. Only those recipients may be considered who will use them directly and exclusively for the public benefit. This resolution can only be carried out with the approval of the tax authorities.

§ 3

Membership

1. There are full members, student members, associate society members, associate individual members, ~~and~~ supporting members, and honorary members. Only full and student members have active and passive voting rights as individuals, i.e. only full members and student members in due payment order can vote during and be elected for any kind of position by the general assembly of the membership.
2. The society is in principle a society for European scientists; however, applications for membership from individuals and groups outside Europe are welcome.
3. The society encourages applications for membership from individuals, European national sleep societies and supporting legal bodies (companies or societies other than Nation Sleep Societies) who are engaged in sleep research or sleep medicine.
4. Associate society membership of European national sleep societies is particularly encouraged. These members form the assembly of national sleep societies (ANSS) made up by one representative of each National society who must be a full ESRS member. This assembly phrases its own articles based on the following principles:
(a) The ANSS meets at least every second year during the ESRS congresses. (b) The ANSS elects a committee of 5 representatives of National sleep societies which

determine a chair and a co-chair. (c) This ANSS executive committee proposes one member to the ESRS board as full board member (d) The ANSS fixes annual fees to be paid by every associate society member. These fees, paid to the ESRS treasurer, are used for expenses of the ANSS.

5. Applications of National sleep societies to become associate society members are directed toward to ESRS board who decides on an individual basis.

6. Associate individual members are members of associate societies who are not full ESRS members. They have no active or passive voting wrights within the ESRS, but they will get privileged access to a wide range of ESRS material.

7. Supporting members are companies or societies other than European national sleep societies who wish to support ESRS. They do not have passive or active voting rights. The membership fee is fixed individually by the ESRS board.

8. Honorary members. Individual members, having reached the age of 65, who have been a member of the ESRS for a minimum of ten years may qualify as an ESRS honorary member. The member must submit a request in writing to the ESRS board. Honorary members will pay reduced annual membership fees as set by the ESRS board. Honorary members do not have voting rights. In some cases, the ESRS Board can grant the status of Emeritus member to former longstanding members who are retired and have yielded outstanding contributions to the field of sleep research or sleep medicine. Emeritus members are exempted from paying any fees.

7.9. Applications of companies or societies to become supporting ESRS members are directed towards the ESRS board who decides on an individual basis.

8.10. Applications of individuals for membership are must be made on the ESRS website in writing to the secretary of the society and supported by one full member of the society. The name of the applicant shall be made public upon application through publication in the ESRS newsletter. The, and members shall have the opportunity to object to admission within two one months. After the expiration of this period, the applicants will become effective members unless objections have been raised, in which case the board of officers shall decide on admission or non-admission.

§ 4

Termination of Membership

1. Membership ends upon death, exclusion or resignation from the society.
2. Resignation shall occur by written notice to the board of officers.
3. A member may be excluded by a resolution of the general assembly of member, if that member culpably inflicts substantial damage on the interests of the society, or is deemed guilty of serious misconduct. For this purpose a majority of two-thirds of the valid votes cast, or a postal ballot with a two-thirds majority, is necessary. Members' responses must be sent to the board within fifty days after the start of the postal ballot. The board shall record the valid votes received. A board member has to sign the protocol; the result shall be made public in writing.
4. Members who have not paid their annual fee are suspended upon regularization from access to ESRS members-privileged material, rights and opportunities. Except for novel members having applied the same year of the congress, reduced registration fees to the biannual ESRS congress will be granted only to members in payment order for the last two years including the year of the congress.
54. Members who have not paid their fees for ~~one-ten consecutive~~ years ~~despite a reminder~~ shall be excluded automatically from membership ~~by decision of the board of officers.~~

§ 5

Membership Fees

Each individual member shall pay a membership fee as set by the general assembly of members at the business meeting for the respective group (regular members, student members and supporting members). The membership fees for the coming year shall be paid prior to December 1 of the current year, and shall include the subscription to the Journal of Sleep Research published by the society. The members who join after October 30

shall be exempt from payment of the membership fee for the current year. Members who do not pay their fees after a reminder letter of the treasurer shall be suspended until payment.

§ 6

Constituent Bodies of the Society

Constituent bodies of the society are:

1. the board of officers
2. the general assembly of members.

§ 7

Board of Officers

1. The members of board of officers of the society are elected from the group of the full members who have their residence in a European country or Israel.

The board of officers according to § 26 BGB consists of:

- a) President
- b) Vice President (clinical sleep science)
- c) Vice President (basic sleep science)
- d) Secretary
- e) Assistant Secretary
- f) Treasurer
- g) ANSS representative
- h) Editor of the Journal of Sleep Research as advisory member
- i) Past President as advisory member

~~j) Organizer of the last meeting as advisory member~~

k) Representative of a non-European Sleep Research Society

The board of officers will represent the society vis-à-vis the members and third parties in both judicial and extrajudicial contexts (§ 26 BGB). Each member of the board of officers shall represent the society only together with another member of the board of officers.

The president, vice presidents, secretary, assistant secretary and treasurer shall be elected separately for the period between two business meetings. This will normally be a period of approximately two years. The election shall be decided by simple majority of the valid votes casts of the members of the society. Re-election is possible for one term of office; re-election of the treasurer is possible for an unlimited number of terms of office.

Proposals for the candidates for the board of officers must be submitted in writing and must reach the president at least two weeks in advance of the business meeting; later proposals cannot be accepted.

2. Within the society the following is decided:

a) The president shall chair the meetings of the board of officers as well as the business meeting. The president is generally responsible for all matters which relate to the administration of the society. In cooperation with the secretary, the president is responsible for the implementation of decisions made by voting members or by the board of officers. The president shall fulfil tasks which are important and desirable for the attainment of the goals of the society.

b) The vice presidents shall support the president and the secretary in their duties. One of the ~~The~~ vice presidents shall take over the duties of the president upon the latter's absence or incapacity. In case of incapacity of the president and the vice presidents, they will be replaced by another member of the board of officers.

c) The secretary is the secretary to the members of the board of officers. Together with the president, the secretary is responsible for the implementation of decisions which were made by voting members or the

board of officers. The secretary is responsible for the safekeeping of documents of the association. During the business meetings, the secretary shall take the minutes. The secretary shall record the motions, the results of the elections and, if counted, the number of votes cast for and against. The secretary shall take notes on the key points of the discussion. The secretary shall disseminate information on the activities of the society. In cooperation with the president, the secretary shall prepare the ESRS newsletter and send it to all members of the society. The secretary shall foster co-operation between national sleep research associations within Europe.

- d) The assistant secretary shall support the secretary and shall take over the tasks of the secretary upon the latter's absence or incapacity.
- e) The treasurer shall manage the money and the commitments of the society. The treasurer shall keep complete and accurate books on the receipts and expenditures of the society. The treasurer shall deposit all moneys and other assets on behalf of and in favour of the society in accounts designated by the board of officers. The treasurer shall make payments on behalf of the society to the extent authorized by the board of officers, and shall render account to the general assembly of members and to the meeting of the board of officers regarding the financial situation of the society.
- f) The executive committee of the ANSS shall be responsible for interaction of the ESRS board with the ANSS.
- g) The representative of a non European Sleep research Society shall establish links between ESRS and non European Sleep Research Societies.
- h) Advisory members of the board do not have the right to vote in the board of officers.
- i) The past president shall support the board of officers through information on previous policies, procedures, etc.

~~j) The organizer of the most recent congress shall support the board of officers through information on the organization of the last scientific meeting.~~

3. The board of officers shall manage the affairs and shall decide in particular on the expenditures of the society. The board of officers shall decide by simple majority on all matters.

§ 8

General Assembly of Members= Business Meeting

1. Only full ESRS members and student members in attendance and in due payment order are entitled to vote. Each member carries one vote.
2. The general assembly of members is responsible for all matters as far as the articles of association do not explicitly declare the board of officers to be responsible.
3. The board of officers shall determine the preliminary agenda of the business meeting and shall inform the members through the ESRS newsletter. The voting members by simple majority of the valid votes cast, shall decide upon the following:
 - a) Minutes of the previous business meeting;
 - b) Election of the members of the board of officers;
 - c) Election of the scientific committee;
 - d) Acceptance of the financial report of the treasurer and of an appointed accountant;
 - e) Determination of the amount of the membership fees;
 - f) Future conference locations.

§ 9

Convening a General Assembly of Members

1. At least every second year, a regular general assembly of members shall be held (business meeting). It shall be convened by the board of officers with at least four weeks notice in writing, along with a notification of the agenda. The notice period shall begin on the day following the sending of the invitation letter. The agenda shall be set by the board of officers.
2. Each member may apply to the board of officers in writing for an amendment to the agenda. This application must be received at least one week before the business meeting. The chair of the meeting shall make the amendment known at the beginning of the general assembly of members. The general assembly of members shall decide on applications to amend the agenda which are put before it. This does not apply to elections and to changes in the articles of association.

§ 10

Special Membership Meetings

A special membership meeting shall be called by the board of officers if required in the interest of the society or if one tenth of the members request this from the board in writing, indicating the purpose and reasons.

The notice period may be reasonably shortened, but must be at least one week.

Otherwise, § 11 applies as appropriate.

§ 11

Resolutions by the General Assembly of Members at the Business Meeting

1. The business meeting shall be chaired by the president. If no member of the board of officers is present, the assembly shall determine who is to chair the meeting. In case of elections, the direction of the meeting may be transferred to an election officer for the duration of the election and the prior discussion. In case of the absence of the board, this procedure must be followed.

The votes shall be taken by show of hands. Upon application by one third of the voting members present, the vote must be taken by written ballot. In elections of

persons the vote will be by written ballot if this is requested by one or more members present at the meeting.

2. The general assembly of members shall pass resolutions by simple majority of the valid votes cast, in so far as these articles of association do not explicitly require a different majority. Abstentions will not be counted. A two thirds majority of the valid votes cast is necessary to change the articles of association.
3. The board can initiate a postal ballot on important issues (including elections) between two memberships meeting if necessary. In this case resolutions shall pass by simple majority of the valid votes counted, which have been send to the board within fifty days after the dispatch of the postal ballot. In order to change the articles of association, a two thirds majority of the valid member received within fifty days of the dispatch of the postal ballot is necessary. The board shall minute the valid votes received and the minute shall be signed by at least one member of the board. The members must be informed of the result in writing.
4. In an election, a candidate is elected who has received more than half of the valid votes cast. If no one has received the necessary majority, a vote shall be held between the two candidates who received the most votes. The candidate who receives the most votes is then elected. In case of an equal number of votes, the chair shall have the casting vote.
5. If several posts are up for election (e.g. scientific committee, future conference locations) the vote will be carried out on the basis of a list system. The members will have one vote on each position to vote on. If there are more candidates than positions the election shall be carried out in one term. The candidates with the most votes are then elected.
6. Minutes shall be taken regarding resolutions of the general assembly of members at the business meeting. These minutes shall include the place and time of the meeting, the number of attending voting members, non-members and representatives present, as well as the results of the vote. Minutes shall be signed by the minute taker.

§ 12

Scientific Committee

The Scientific Committee shall be elected by the voting members from among the group of voting members by simple majority. The members of the Scientific Committee shall be elected for the period between two business meetings; this will normally correspond to a period of approximately two years. Re-election is possible for one period. The Scientific Committee shall make proposals concerning the scientific program of the scientific congress, shall select the submitted abstracts for scientific presentations and shall help in the evaluation of manuscripts which are submitted for the congress publications.

The Scientific Committee shall designate a chair who shall maintain contact with the board of officers.

§ 13

Scientific Congress

The ESRS board, represented by the president and the treasurer, is responsible for the financial organization of the congress. The congress organizing committee will be constituted of the ESRS board, the hosting national sleep society and the ESRS scientific committee. ~~shall sign a contract with the local organizers determining the arrangements of the congress.~~ Applications to host the ESRS meeting must be submitted by affiliated national sleep societies following the ESRS bid manual. In order ~~The aim is~~ to ensure the ~~scientific and~~ economic soundness of the congress, the board may preselect the hosting candidates to be presented to the membership vote at the business meeting. If necessary, the board may deviate from the decision on the conference location taken by the assembly of members according to §8.

§ 14

Further Committees and Working Groups

Further permanent or temporary committees may be set up and dissolved by the board of officers. Their members and chairpersons shall be appointed by the board of officers. Working groups can be set up and dissolved by vote of the regular members. The chairperson of a working group shall be elected by the voting members. The chairpersons of committees or working groups shall report on their activities to the membership meeting

or, if desired, to the board. Any activity of the committees or working groups outside the society needs the ~~allowance~~approval of the board.