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Dear ESRS and ANSS members, Colleagues and Friends,

The beautiful month of July is once again upon us after a year filled to the brim with exciting new research themes, clinical activities and teaching in the sleep domain. I hope this summer ESRS newsletter finds you in splendid shape and that you will enjoy pleasant and well-deserved breaks between busy days devoted to finalizing delayed articles!

What's the news from the ESRS front?

In April 2015, we had successfully organized, for the third time, a joint ERS-ESRS Sleep & Breathing meeting in Barcelona. The educational and scientific program was excellent and unanimously appreciated and was an occasion for many of the attendees to get a comprehensive overview of sleep and sleep disorders. We are grateful to the ERS and ESRS Sleep & Breathing chairs for their very dedicated and excellent work.

Sleep & Breathing in Barcelona was also an opportunity for the ESRS to certify 64 new Expert Somnologists and 32 grandparent Expert Somnologist Technologists. The ESRS board warmly congratulates these successful candidates, and you will find their names in this issue. The new Experts were also the first applicants to sustain an examination based on the European Sleep Medicine textbook, which is based on the ESRS Catalogue of Knowledge and Skills for Sleep Medicine. The textbook is now the established reference material for the development of the European certification in sleep medicine and has been endorsed by other societies (e.g. the ERS). If you do not yet have your copy of this book, you can order it here. This will give you time to prepare for the next Expert Somnologist examination, which will take place in September 2016 in Bologna at the 23rd ESRS meeting.

Shortly after Barcelona, the annual meeting of the Association of National Sleep Societies (ANSS) of the ESRS was held in Prague. This meeting was the stage for fruitful discussions and exchanges between the ESRS board and the presidents of the ANSS, as you will see from the report of Liborio Parrino, head of the Executive Committee of ANSS. In this newsletter, we are also continuing our spotlight focus on National Sleep Societies with an interview of Isabelle Arnulf, president of the French Society for Sleep Research and Sleep Medicine (SFRMS).

This newsletter also reports on the evolution of the Journal of Sleep Research. The ESRS board is happy to inform you that the JSR is in good standing and is positively evolving with an increasing impact factor during a period where other journals are having difficulties to maintain their publication level. Though much remains to be done, as always, we are working on it together with the Editor-in-Chief of JSR and his team of Editors, but we are in a positive trend. We would also like to take this
opportunity to remind you that the Journal of Sleep Research is the perfect choice to be read and discussed by colleagues in the sleep domain, so do not hesitate submitting your best papers! And finally, we are happy to report that the Editor-in-Chief of the JSR has been awarded a Distinguished Scientist Award by the Sleep Research Society (SRS) for his scientific contributions. We congratulate Derk-Jan Dijk for this deserved award, which underlies the dynamism of European sleep science.

As for the future, there is more than enough to keep all of us busy in the upcoming months and following year. As you well know, since Kyoto in 2011, the ESRS is hosting Sleep & Health 2015, the 7th World Congress of the World Sleep Federation in Istanbul (October 31 – November 3, 2015). The scientific program is now complete and more than exciting with exceptional keynote speakers and symposia in the basic, clinical and translational areas of sleep and teaching courses on the first day. We also have many oral and poster communications, and we really hope to see you in Istanbul!

But very soon will also come our 23rd biennial ESRS meeting in Bologna (September 13-16, 2016), a superb Italian city with a long history of outstanding contributions to sleep research and sleep medicine. The 23rd ESRS congress in Bologna will be a must-be-there event, and very soon you will be invited to propose symposia. As always, symposia will be at the core of the scientific content and highlights of the ESRS congress. Your contributions are highly valued and will receive the full attention of the organizers and especially of the Scientific Committee. We are confident that with your contributions, the ESRS will continue to offer the best science in sleep research and sleep medicine to our congress attendees.

I wish you all the best and a pleasant reading of this 2015 July newsletter. Sleep well, keep safe and do not hesitate to contact me or any member of the ESRS board with your remarks and suggestions. We need your involvement in fostering the sleep domain!

Sincerely,

Philippe Peigneux
ESRS President
UPDATES ON ESRS CONGRESSES

WSF 2015 Istanbul
We received a good number of abstracts, 545. One hundred thirty (130) abstracts were selected for oral presentation, 4 for the Early Career session and 409 as posters.

The scientific programme looks very promising and we are looking forward to a successful meeting.

Don’t miss the second registration deadline on the 26th of August.

ESRS 2016 Bologna
The call for Symposia will be open from the middle of July. Further information will follow on the congress website and in the next newsletter.
REPORT ON THE ANSS MEETING (PRAGUE, MAY 1-3, 2015)

The ANSS meeting took place in Prague on May 1-3, 2015. The event was finely hosted by the Czech Republic Sleep Society and was attended by 28 Presidents (or official representatives) of the National Sleep Societies in Europe and by most of the ESRS Board members. All countries had the opportunity to present the achievements, projects and logos of their national societies. The session dedicated to sleep medicine textbooks from the different countries granted a complete picture of the available educational material and aided in understanding the potential selling markets for publishers. Discussion on the EU Commission Directive for drivers with sleep apnea and sleepiness offered a manifold picture of the critical aspects concerning the conflict between the rights of privacy and public interest. This also gave the impression, however, that in several countries (Austria and Estonia exposed more detailed notes) the national societies have started to seriously knock on the door of health authorities to prepare suitable countermeasures. During the ESRS-ANSS meeting, the ANSS proposed to have a wider involvement in the organization of the biennial ESRS congress, offering a supplementary support of the host national society both at the scientific, professional and financial levels. The matter is currently discussed with the ESRS board. The expanding growth of the Early Career Network and the tutorship of young clinicians and researchers was appreciated; a trend that will assure renewed vigour to the field of sleep. A lively debate on the opportunity to have a professional somnologist recognized by the academic authorities in the European countries touched a crucial target of the ANSS strategy. In the next months, a task force, chaired by Dirk Pevernagie, will prepare a draft for the creation of the sleep medicine specialty in the EU. In the final session, the EU project on sleep for Horizon 2020 was illustrated by Roberto Amici, while an awareness campaign on sleep and elderly was proposed by Marta Gonçalves. During the meeting special prizes were received by the Romanian Sleep Society (for the best presentation), by the Belgian Sleep Society (for the best logo) and by the UK Sleep Society (for the highest number of publications in sleep).

Liborio Parrino
Chair, Executive Committee ANSS

On behalf of the EC ANSS
THE JOURNAL OF SLEEP RESEARCH: WHERE ARE WE NOW?

The first volume of the Journal of Sleep Research (JSR) was published in 1992 and this year we will complete volume 24. During this period the JSR has grown considerably. While Vol. 1 contained 274 pages, this has risen to 727 pages for Vol. 23.

Over the years, the Impact Factor (IF) as provided by what is now Thomson Reuters, and calculated as the number of citations in a year to items (i.e. papers) published in the previous two years, has also changed quite a bit. The number of papers entered in this calculation has risen sharply since 2010, and this reflects the increase in the number of issues, from 4 to 6 (See Fig 1). During this period the number of citations has also increased and sharply so for the most recent IF (IF 2014, which was released in June 2015).

The IF (Cites/Items) had its ups and downs. It was 2.0 in 2000 and reached a maximum of 3.5 in 2009 when 108 papers attracted 374 citations. In subsequent years, when the total number of papers rose rapidly, the IF dropped somewhat to a minimum of 2.9 in 2013. Such a drop is an almost inevitable consequence of the increase in the number of papers included. Citations to papers are, in general, relatively low in the year they are published and higher in the year after. For 2014 the IF is up again to 3.347 with 176 papers attracting 589 citations.
This is good news. Even though the IF in itself should not be a goal for a journal, a reasonable IF is almost a prerequisite for attracting high quality manuscripts. The current IF puts the JSR in a good position relative to other sleep journals (Fig 2).

![Fig. 2: Impact Factor (Thompson Reuters) for sleep journals](image)

The JSR is now the second journal in the group of journals publishing primarily original research papers. All of this could of course not have been accomplished without the hard work of the Deputy and Associate Editors, the Reviewers, the Authors and Brigitte Knobl. Please continue to submit your research to the JSR, continue to act as Reviewer, Deputy or Associate Editor, etc., and help us grow the JSR’s impact on the field of sleep research.

Derk-Jan Dijk
Editor in Chief
DERK-JAN DIJK AWARDED DISTINGUISHED SCIENTIST AWARD BY THE SLEEP RESEARCH SOCIETY

Derk-Jan Dijk, a longstanding member of the ESRS and Editor of the JSR, has received the Distinguished Scientist Award for his many contributions to the understanding of the homeostatic and circadian regulation of sleep.

The Distinguished Scientist Award is the Sleep Research Society's (SRS) highest award for scientific advances in the field of sleep research and is presented to a single individual for research contributions over their entire career. The Distinguished Scientist Award recognizes significant, original and sustained contributions of a basic, clinical or theoretical nature.

The award was presented to Derk-Jan in Seattle by Dr Allan Pack, President of the SRS, at the Sleep 2015 meeting, the 29th annual meeting of the Associated Professional Sleep Societies, a joint meeting between the American Academy of Sleep Medicine and the Sleep Research Society.

The prize has been awarded since 1989 and previous Europe based sleep researchers are Michael Jouvet, Pierre Luigi Parmeggiani, Ottavio Pompeiano and Alexander A. Borbely.

Commenting on the award, Derk-Jan says: “A successful career in academic sleep research is, foremost, an accomplishment of the multidisciplinary and international sleep research environments I have been so fortunate to be exposed to for the past 32 years in Europe and the US. The thorough supervision by a circadian biologist (Dr Serge Daan), a physicist (Dr Domien Beersma) and a psychiatrist (Dr Rutger van den Hoofdakker) during my PhD, and post-doctoral training and mentoring by world leading sleep researchers (Drs Alexander Borbely and Irene Tobler) and a human circadian physiologist (Dr Charles Czeisler) have made it virtually impossible to not be productive. I thank them, my current colleagues at the University of Surrey, and all collaborators, students, and postdocs for continuous inspiration and collaboration.”
The Sleep Medicine Textbook provides comprehensive, all-in-one educational material (550 pages) structured around the Catalogue of knowledge and skills for sleep medicine (Penzel et al. 2014, Journal of Sleep Research). Written by experts in the field and published by the ESRS, it provides a European approach to sleep medicine education, and represents the knowledge base for the ESRS-endorsed sleep medicine examinations.

*Endorsed by ERS

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*As a courtesy of ESRS, members of the Associate National Sleep Societies (ANSS), the European Biological Rhythms Society (EBRS) and the European Respiratory Society (ERS) benefit from the reduced price.

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**BOOK ORDER**

Fax/ email this form to Maria Wiechmann (ESRS Office) +49 941 29080975 / maria.wiechmann@esrs.eu

I hereby order ________ copy/ copies of the

**Sleep Medicine Textbook** (Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux) at copy price

- ☐ € 140 (ESRS, ANSS, EBRS and ERS members)
- ☐ € 155 (non-members)

I am a member of:

- ☐ ESRS
- ☐ ANSS*
- ☐ EBRS*
- ☐ ERS*

* Please include a membership certificate

**Payment method**

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- ☐ € 13,99 (with shipment tracking inside Europe*)
- ☐ € 28,99 (with shipment tracking outside Europe)

* Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Monaco, Poland, Portugal, Rumania, Slovakia, Slovenia, Spain, Sweden, The Netherlands, UK

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REPORT ON THE ESRS-ERS MEETING IN BARCELONA (APRIL 16-18, 2015)

The third bi-annual joint conference of ESRS and ERS on the topic of Sleep and Breathing was held in Barcelona from April 16-18. This meeting, which is primarily educational in focus, was attended by about 850 delegates and provided a State-of-the-Art review of the latest developments in Sleep and Breathing Disorders. In Barcelona 2015, the focus remained predominantly on sleep and breathing disorders but the programme also covered sleep-related areas of paediatrics, obesity, cardiovascular disorders, diabetes, psychology, psychiatry and neurology. Thus, the Sleep and Breathing conference is the only meeting offering an integrated and practical approach to the investigation and management of sleep disorders.

Before the meeting, a further examination was held for those seeking qualification as somnologists, both at a clinical and technical level. The examination was well supported and adds to the growing body of certified sleep specialists throughout Europe and beyond.

Walter McNicholas
CERTIFIED EXPERT SOMNOLOGISTS 2015

The fourth examination for Somnologists commissioned by the ESRS took place in Barcelona on 15 April 2015 during the Sleep and Breathing Conference.

The ESRS Board congratulates all those who passed the ESRS Examination in Sleep Medicine and obtained certification as Expert Somnologists. The Expert Somnologists represent 20 different countries from across the world.

The link associated with the name will lead you to the laboratory where the sleep expert conducts her/his research activities.

Prof. Parisa Adimi Naghan (IR)  
Dr. Maria Jose Aguilar-Amat Prior (ES)  
Dr. Christina Alexopoulou (GR)  
Dr. Faris Alhejaili (US)  
Dr. Asad Ali (GB)  
Prof. Dr. Babak Amera (IR)  
Dr. Maria Basta (GR)  
Dr. Johannes Beck (CH)  
Dr. Lieven Bedert (BE)  
Dr. Carla Bentes (PT)  
Dr. Alexander Blau (DE)  
Dr. Markus Blaukovitsch (AT)  
Saskia Boukamp (NL)  
Juan Calderon Lopez (ES)  
Dr. Petar Chipev (BG)  
Kevin Collet (BE)  
Dr. Lonneke De Lau (NL)  
Dr. Antoon Dijkstra (NL)  
Enid Felix-van Dijl (NL)  
Dr. Michela Figorilli (IT)  
Médi Gilson (BE)  
Prof. Daniel Gujer (CH)  
Marsha Hamers (NL)  
Prof. Catherine Hill (GB)  
Dr. Wytkske Hofstra (NL)  
Dr. Jette Ibsen (DK)  
Prof. Asiye Kanbay (TK)  
Dr. Niki Karaiskaki (DE)  
Dr. Fédéric Lador (CH)  
Maria Fatima Lopes Teixeira (PT)  
Isabel Luzeiro (PT)  
Dr. Agneta Markstöm (SE)  
Dr. Gisèle Maury (BE)  
Dr. Milagros Merino Andreu (ES)  
Dr. Pavlos Michailopoulos (GR)  
Dr. Pujol Montserrat (ES)  
Dr. Susana Moreira (PT)  
Antonio Moscariello (BE)  
Dr. Marta Naranjo Castresana (ES)  
Nicole Neerings-Verberkmoes (NL)  
Dr. Angelique Pijpers (NL)  
Dr. Sigrid Pillen (NL)  
Vanda Maria Oliveria Clemente (PT)  
Slobodanka Pejovic (RS)  
Dr. Paola Proserpio (IT)  
Else Redlich (NL)  
Dr. Silvia Riccardi (IT)  
Dr. Lisette Rohling (NL)  
Loredana Elena Rosca (RO)  
Dr. Oscar Ramon Sans Capdevila (ES)  
Dr. Maria Eulalia Semedo (PT)  
Dr. Joana Serra (PT)  
Dr. Annelies Smits (NL)  
Dr. Ron Tijdens (NL)  
Nienke Van Der Schaaf (NL)  
Dr. Reindert Van Steenwijk (NL)  
Dr. Lisette Venekamp (NL)  
Dr. José C. Vis (NL)  
Petra Vos (NL)  
Dr. Kristina Zipherl (SI)  
Marielle Zoetmulder (DK)
CERTIFIED EXPERT TECHNOLOGISTS 2015

The second grandparenting examination of Somnologist Technologists commissioned by the ESRS took place in Barcelona on 15 April 2015 during the Sleep and Breathing Conference.

The ESRS Board congratulates all 32 members representing 8 different countries who passed the ESRS Examination and obtained certification as Expert Somnologist Technologists.

Marco Antunes (PT)  Acácio Ramos (PT)
Clement Bougard (FR)  Francisco José Robles Madrid (ES)
Mireille Janine Burchartz (NL)  Duarte Rocha (PT)
Elisabeth Claudel (CH)  Ann Ryckx (CH)
Simone De Lacy (ES)  Coby Salemans (NL)
David Deremer (DE)  Rosa Santos (PT)
Iain Duncan (GB)  Karin Springmann (DE)
Maxime Elbaz (FR)  Meerie Steinbusch (NL)
Fabrice Espa (CH)  Ana Rita Tavares Dias (PT)
Mafalda Ferreira (PT)  Nadia Tobbback (CH)
Ana Isabel Ferreira (PT)  Sofia Tsouli (GR)
René Heinen (NL)  Maura Turci (NL)
Basdeo Lalji (CH)  Pascal Van Beers (FR)
Elsa Matos (PT)  Danique Van der Kroon-Ijsselstein (NL)
Elisabeth R. Mattern-Coren (NL)  Ebellina Katharina Warnaar–Kasper (NL)
Maria da Conceição Mendes Almeida Travassos (PT)  Nienke Wassink (NL)
Interview with the President of the French Society for Sleep Research and Sleep Medicine (SFRMS), Prof. Isabelle Arnulf

Dear Professor Arnulf, what is the status of the accreditation procedures for sleep medicine experts? Can you explain how the procedure works?

The French Sleep Society has organized alone since 1985 and in cooperation with the Chest Society since 2008 a national inter-university diploma of Sleep Medicine (DIU, Diplome interuniversitaire le Sommeil et sa pathologie), which is made up of 22 universities. It represents 96 hours of courses and 3 weeks of training in a recognized sleep center. It is a difficult diploma, passed by 50-60% of the students, and open only to MDs. In 2014-2015, there were 180 students registered in the course. This number increases every year, and we have to limit available places because of a lack of locations to train them in sleep labs. The program is organized by a national pedagogic committee (double coordination by Nicole Meslier for the Chest Society and Christelle Monaca for the Sleep society). Teachers come from all over France to teach in Paris, with half of the courses being in e-learning. There is still a local diploma in Lyon-Grenoble, with 30 registered students per year, but it is not validated by the Sleep Society.

Such an accreditation procedure is planned only for physicians or also for other professional figures like psychologists, technicians etc.?

Well, the DIU is a medical diploma. Psychologists and PhDs can attend the course and receive a certificate if they succeed, but not a diploma because they cannot examine patients and pass the part of the final examinations devoted to medical diagnosis and treatment of sleep disorders. Sleep technologists (nurses and radiotechnologists) follow a university diploma of sleep technology, organized by Paris 5 university, with around 25-30 attendants per year.

Do you also have an accreditation procedure for sleep centers?

Yes, we do, for now more than 20 years. We accredit centers with a multidisciplinary approach to sleep medicine. The procedure closely follows the ESRS recommendations, with at least a physician having the DIU diploma, plus a minimal number of polysomnographies and MSLT/MWT activities (e.g., minimum 50 MSLT/y), a large information file to complete and a visit by 2 experts mandated by the Society on the site. Around 50 centers are accredited by the SFRMS, and their name is available for physicians and patients on the SFRMS site, by region. “Old” centers are revisited and re-accredited too.
Do you have accreditation procedures for centers with different characteristics (multidisciplinary, respiratory specific, pediatrics etc)?

No, we don't, and there is certainly room for improvement here. So far, we only accredit multidisciplinary centers, not respiratory specific centers. There has been a request from clinicians to identify expert centers in child sleep medicine, but we encountered difficulties in evaluating this expertise.

Is sleep medicine officially included in academic programs?

No, it is not. It is still part of the various organs’ specialty. There is a chapter on sleep apnea in the pulmonology program, a chapter on sleepiness/narcolepsy in the neurology program and a chapter on insomnia in the psychiatry program.

Do you organize accredited sleep medicine courses?

Yes, we do so during a full day just before our national congress, and one or two other days in the year. We noticed that there was many non-university “stand alone” sleep medicine courses organized by private systems (imagine the pressure of CPAP companies and providers upon finding new prescribers, when sleep apnea can be a real financial business …). As a sleep society, we tried to unify these offers of courses in 2014-15 by creating a common site on sleep medicine courses (www.sommeil-formation.org), a program committee, and three recommendation levels from the society (organized, accredited, or just supported by the society) to guarantee a high level medical content. It seems to work!

Are you working toward achieving the recognition of sleep medicine as a medical sub-specialty?

Yes, we tried hard during several years, president after president, and this is the first time that we are on the way to get this sleep sub-specialty, with support from the Health ministry and from the University ministry, thanks to the next reform of medical studies aimed at transversal trainings. The law will be published in September, 2015. If it works, France will be the third country to have the sleep sub-specialty, after Germany and Bulgaria. When 3 European countries have a sub-specialty, it applies to all EU countries! Six primary medical specialties (neurology, psychiatry, pulmonology, ENT, cardiology and occupational medicine) have agreed together to build a sub-specialty consisting of two levels: one obtained within the primary medical specialty (e.g., Level 1 for pulmonologists will include the respiratory sleep disorders and be completed within the pulmonology frame, with ECTs plus training in cardiorespiratory and polysomnography aimed at diagnosing sleep apnea and hypoventilation. Those who have completed this will be entitled to prescribe ventilations and dental orthoses; Level 1 for psychiatrists will be focused on insomnia and circadian sleep disorders, with ECTs plus training to use sleep diary and actigraphy, as well as how to perform CBT); and the second, multidisciplinary level, in which the student will complete all the missing sleep disorders diagnoses and treatments, as well as technics (videoPSG, investigation of vigilance,..) with a full time semester in a sleep center. We expect numerous students for Level 1, to face the need for treating the highly frequent sleep disorders (insomnia by sleep psychiatrists, restless legs syndrome by sleep neurologists, sleep apnea by sleep pulmonologists), and around 20 new students per year in Level 2, to lead the multidisciplinary (mostly in-hospital) sleep centers and organize clinical research and courses.
Is basic research in the sleep field represented in the French Sleep Society activities?

Sure it is, thanks to several excellent basic research groups in the Society: Pierre Hervé Luppi and Jian Sen Lin are active members of the scientific committee, which organizes the congress. Note that the society was initially, as was ESRS, a research society. It has evolved within the last 30 years into a mixed clinical and research society (hence the name changed). SFRMS supports basic research by funding many master and PhD students in the basic research lab, giving travel grants to attend the congress and present their abstract, and via a Young Researchers Group meeting every year in the national Sleep Congress. Despite these supports, it was still difficult to grasp that basic sleep researchers would send posters and abstracts to the national meeting (only 2 or 3 did, vs. 120 abstracts from clinical research), because they found it more relevant for them to attend the neuroscience meeting. This year, for the first time, the Society is organizing a specific “basic research track” with the basic researchers (highlighted by a little microscope on the program) in the Congress, in addition to the three previous concomitant tracks (respiration, neurology/psychiatry and human sleep physiology), so that a basic researcher can attend only basic research symposia and conferences during the whole congress. I hope it will make it more attractive for them.

Thank you, Professor Isabelle Arnulf, for participating in this interview.

Lino Nobili
ESRS EVENTS

Worldsleep 2015 - 7th World Congress of the World Sleep Federation Congress
hosted by the ESRS

Date: October 31 – November 3, 2015
Venue: Istanbul, Turkey
Website: www.congrex-switzerland.com/worldsleep2015

Online Registration:
Reduced registration fee: 4 June to 26 August 2015

23<sup>nd</sup> Congress of the European Sleep Research Society

Date: September 13 – 16, 2016
Venue: Bologna, Italy
Website: www.esrs-congress.eu/esrs2016
EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES

**Newcastle Sleep 2015**  
*Research meets Clinical Practice*  
British Sleep Society Scientific Conference  
**Date:** October 22 - 24, 2015  
**Venue:** Gateshead, United Kingdom  
**Website:** [www.newcastlesleep2015.co.uk/](http://www.newcastlesleep2015.co.uk/)

**23rd Annual Meeting of the German Sleep Society - The sleepless society**  
**Date:** December 3 - 5, 2015  
**Venue:** Mainz, Germany  
**Website:** [www.dgsm-kongress.de/](http://www.dgsm-kongress.de/)
FUTURE MEETINGS

3rd Alpine Sleep Summer School (ASSS)
A course in sleep medicine
Date: June 29 – July 3, 2015
Venue: Lugano, Switzerland
Website: [www.sleep-summer-school.ch/index/](http://www.sleep-summer-school.ch/index/)
Invitation to participate: [www.esrs.eu/.../ASSS_save_the_date.pdf](http://www.esrs.eu/.../ASSS_save_the_date.pdf)

Sleep and Chronobiology Summer School
Date: July 20 – 24, 2015
Venue: Oxford, United Kingdom

XIV European Biological Rhythms Society (EBRS) Congress and IV World Congress of Chronobiology
Date: August 2 - 6, 2015
Venue: Manchester, United Kingdom
Website: [www.ebrs-online.org/](http://www.ebrs-online.org/)

Sleep and aging: Perks for longevity?
Date: September 4, 2015
Venue: Liège, Belgium
Website: [http://events.ulg.ac.be/sleep-and-aging/](http://events.ulg.ac.be/sleep-and-aging/)
Announcement and Speakers: [www.esrs.eu.../Sleep_Aging_affiche_res.pdf](http://www.esrs.eu.../Sleep_Aging_affiche_res.pdf)

1 day symposium organized by the Cyclotron Research Centre at the University of Liège

Registration is free (but required).

Call for abstracts focusing on either sleep, chronobiology, aging and/or cognition in cells, animals or humans (prize(s) for best poster(s)).

Abstract deadline: 15 August 2015
Fall Brain Conference: The Neurobiology of Sleep and Circadian Rhythm
Date: October 11 - 14, 2015
Venue: Copenhagen, Denmark
Website: www.fens.org/.../The-Brain-Conferences/Sleep-and-Circadian-Rhythm/

Eighth Bi-Annual Conference on Pediatric Sleep Medicine
Date: November 12 - 15, 2015
Venue: Amelia Island, FL, U.S.A.
Website: www.brown.edu/.../pedsleepmedconference

Medicolegal Symposium
Date: November 13 - 14, 2015
Venue: Edinburgh, Scotland, UK

This symposium aims to provide up-to-date information on the theory and practice of neurolaw including sleep disorders and neuroimaging. The symposium would be of interest to all professionals involved in forensic aspects in this area.

1st International Conference on Sleep Spindling
Date: May 12 - 16, 2016
Venue: Budapest, Hungary
Website: www.sleepspindles.com/
Abstract submission information: www.sleepspindles.com/.../abstract...information

Abstract submission deadline: January 15, 2016

World Sleep 2017
Joint congress of the World Sleep Federation (WSF) and the World Association of Sleep Medicine (WASM)
Hosted by the Czech Sleep Research and Sleep Medicine Society
Date: October 7 - 11, 2017
Venue: Prague, Czech Republic
Website: www.worldsleepcongress.com/
NEW MEMBERS

The Society welcomes the following new members:

Parisa Adimi Naghan, MD
Pulmonary and Sleep Medicine, Shahid Beheshti University, Masih Hospital, Shahid Bahonar, Darabad, 19176 Teheran, Iran
e-mail: prs_adimi(a)yahoo.com

Maria Lilia Andrade, Ms
Pulmonology, Centro Hospitalar Baixa Vouga, Av. Artur Ravara, 3814-501 Aveiro, Portugal
e-mail: m.lilia.andrade(a)hotmail.com

Barbara Barun, MD, PhD
Neurology, University Hospital Center Zagreb, Kispatićeva12, Zagreb, Croatia
e-mail: barbarabarun(a)gmail.com

Kornelia Beiske, MD
Department of Neurology and Neurophysiology, Akershus University Hospital, Sykehusveien 25, 1478 Lørenskog, Norway
e-mail: kobe(a)ahus.no

Markus Blaukovitsch, MD, PhD
Internal Med. /Pneumology, Elisabethinergasse 14, 8010 Graz, Austria
e-mail: m.blaukovitsch(a)gmx.at

Martina Boegel, PhD
Office, Ketzendorfer Weg 1 h, 21149 Hamburg, Germany
e-mail: martina.boegel(a)t-online.de

Sunniva Bostrand, Ms
University of Manchester, Oxford Road, M13 9PL Manchester, United Kingdom
e-mail: sunniva.bostrand(a)student.manchester.ac.uk

Maria Oliveira Silva Matos Carneiro, MD
Dept. of Pulmonology, University Hospital of Coimbra, Av. Bissaie Barreto e Praeta Prof. Mota Pinto, 300-075 Coimbra, Portugal
e-mail: mjmatus(a)huc.min-saude.pt

Andrew David Dawson, Mr
Anaesthesia, Bradford Teaching Hospitals NHS Foundation Trust, Duckworth Lane, BD6 7RJ Bradford, United Kingdom
e-mail: dawson(a)dd99.com
Marc Derri, Mr
CMVS Paris, 59 avenue de Villiers, 75017 Paris, France
e-mail: marcderr9(a)aol.com

Haralampos Gouveris, MD
Otorhinolaryngology, Medical Center of the University of Mainz, Langenbeckstr. 1, 55131 Mainz, Germany
e-mail: hagouve(a)yahoo.de

Caroline Linda Horton, PhD
Psychology, Bishop Grosseteste University, Newport, LN1 3DY Lincoln, United Kingdom
e-mail: c.l.horton(a)dunelm.org.uk

Kwame Wilfred Kesse, MD, PhD
ENT Department, Conquest Hospital, The Ridge, TN37 7RD St. Leonard on Sea, East Sussex, United Kingdom
e-mail: kwamekesse(a)hotmail.com

Elbaz Maxime, MSc
Sleep Center Hotel Dieu, Hâpital Hotel Dieu, 75004 Paris, France
e-mail: maxime.elbaz(a)htd.aphp.fr

Elena Cristina Mitrofan, PhD, MD
Pneumology, Clinic of Pulmonary Diseases, 30 Dr. I. Cihac, 70318 Iasi, Romania
e-mail: criselend(a)yahoo.com

Susana Lopes Moreira, Ms
Pulmonology, Santa Maria Hospital, Av. Prof. Egas Moniz, 1649-035 Lisbon, Portugal
e-mail: susanalmoreira(a)gmail.com

Nazim Nathani, Mr
Department of Respiratory and Sleep Medicine, City Hospital, Dudley Road, B17 7QH Birmingham, United Kingdom
e-mail: n.nathani(a)outlook.com

Angel Pavlov, MD
Pulmonary Clinic, Military Medical Academy, 3, Georgi Sofiiski Blv., Sofia, Bulgaria
e-mail: pavlov_angel(a)abv.bg

Amandine Pelletier, PhD
Péritox Laboratory UMR-I 01, Jules Verne University of Picardy, CURS-CHU Sud, Avenue René Laennec, 80480 Salouël, France
e-mail: amandine.pelletier(a)u-picardie.fr

Stephane Rio, Mr
Centre du Sommeil et de la Vigilance, Hotel Dieu de France, 1 Place du Parvis Notre Dame, 75004 Paris, France
e-mail: 29.stephanerio(a)gmail.com
Nils Sandman, Mr
Department of Behavioural Sciences and Philosophy, University of Turku,
Assistentinkatu 7, 20500 Turku, Finland
e-mail: nils.sandman@utu.fi

Jarno Tuominen, MA
Centre for Cognitive Neurosciences, University of Turku, Assistentinkatu 7, 20014 Turku, Finland
e-mail: jarno.tuominen@utu.fi
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Neuropsychology and Functional Neuroimaging Research Unit
Université Libre de Bruxelles
Avenue F. D. Roosevelt 50
B-1050 Bruxelles, Belgium
Phone:  +32 650 4581
Fax:  +32-2 650 22 09
E-mail: Philippe.Peigneux@ulb.ac.be

Vice-President Basic:
Dr. Pierre-Hervé Luppi
Team "Sleep"
UMR 5292 CNRS/U1028 INSERM
Université Lyon I
Faculté de Médecine Laënnec
7, Rue Guillaume Paradin
F-69372 Lyon, Cedex 08, France
Phone:  +33 4 78 77 10 40
Fax:  +33 4 78 77 10 22
E-mail: luppi@sommeil.univ.lyon1.fr

Vice-President Clinical:
Prof. Dr. Walter McNicholas
Department of Respiratory and Sleep Medicine
St. Vincent’s University Hospital
Elm Park,
Dublin 4, Ireland
Phone:  +353-1-2213702
Fax:  +353-1-2213576
E-mail: walter.mcniclolas@ucd.ie

Secretary:
Dr. Lino Nobili
Centre of Sleep Medicine
Centre for Epilepsy Surgery
Department of Neuroscience
Niguarda Hospital
Piazza Ospedale Maggiore 3
Milan, Italy
Phone:  +390264447323
Fax:  +390264442868
E-mail: lino.nobili@ospedaleniguarda.it

Assistant Secretary:
Dr. Tiina Paunio
Dept. of Genetic Epidemiology
Haartmaninkan 3, Biolmedicum
FI - 00200 Helsinki, Finland
Phone: +358 50 3507936
E-mail: tiina.paunio@thl.fi

Treasurer:
Prof. Dr. Dieter Riemann
Department of Psychiatry and Psychotherapy
University Freiburg
Hauptstrasse 5
D-79104 Freiburg, Germany
Phone: +49-761-270-6919
Fax:  +49-761-270-6523
E-mail: dieter.riemann@uniklinik-freiburg.de

Member Co-opted from ANSS:
Dr. Marta Gonçalves
Inst. Sono Chronobiology
Rua Prof. Mota Pinto 42F S/2.02
PT - 4100 - 353 Oporto, Portugal
Phone: +351 2 6108480
Fax: +351 2 6108491
Email: martaazevedogoncalves@gmail.com

Advisory Members:

Past President:
Prof. Dr. med. Claudio L. Bassetti
Chairman and Director
Department of Neurology
University Hospital (Inselspital)
CH- 3010 Bern, Switzerland
Phone: +41 31 632 30 66
Fax:  +41 31 632 96 79
E-mail: Claudio.Bassetti@insel.ch
Director of Neuroscience,
Neurocenter of Southern Switzerland (NSI)
E-mail: yasmin.belloni@eoc.ch

Editor of the Journal of Sleep Research:
Prof. Dr. Derk-Jan Dijk
Professor of Sleep and Physiology
Director, Surrey Sleep Research Centre
Phone:  + 44 1483-689341 or 2502
Fax:  + 44 870-1371590
E-mail: d.j.dijk@surrey.ac.uk
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