**CONTENTS**

LETTER FROM THE PRESIDENT ................................................................. 3
UPDATE ON SLEEP AND BREATHING CONFERENCE 2017 ...................... 4
REPORTS OF THE ESRS COMMITTEES ...................................................... 5  
  ESRS Scientific Committee (SC) .............................................................. 5
  ESRS Sleep Medicine Committee (SMC) .................................................. 5
  ESRS Education Committee (EduCom) ..................................................... 6
  ESRS ANSS EU Committee .................................................................... 6
REPORTS OF THE EUROPEAN NETWORKS ............................................. 8  
  European Insomnia Network (EIN) ........................................................... 8
  European Narcolepsy Network (EU-NN) .................................................. 8
REPORT OF THE ASSEMBLY OF NATIONAL SLEEP SOCIETIES (ANSS) ... 10
NEW EDITOR-IN-CHIEF OF THE JOURNAL OF SLEEP RESEARCH .......... 11
NATIONAL SLEEP SOCIETY HIGHLIGHT SERIES .................................. 13
  Interview with the President of the Czech Sleep Research and Sleep Medicine Society, Dr. Jana Vyskočilová, and Dr. Ondřej Ludka, Committee Member .......... 13
CALL FOR ESRS WEB COORDINATOR ................................................... 14
RECIPIENTS OF ESRS FELLOWSHIP, TRAINING AND MEETING GRANTS .... 15
ESRS SLEEP SCIENCE SCHOOL "Neural Networks in Sleep" ....................... 17
SLEEP MEDICINE TEXTBOOK ................................................................ 21
ESRS EVENTS .......................................................................................... 23
ESRS ENDORSED TRAINING, COURSES & EVENTS ................................. 24
OTHER TRAINING & COURSES ............................................................... 25
EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES ....................... 27
FUTURE MEETINGS .................................................................................. 28
NEW MEMBERS ....................................................................................... 29
JOB OPPORTUNITIES .............................................................................. 40
EUROPEAN SLEEP RESEARCH SOCIETY OFFICERS OF THE ESRS BOARD .. 41
SCIENTIFIC COMMITTEE ....................................................................... 42
LETTER FROM THE PRESIDENT

Dear colleagues and friends,

As we enter springtime, it is timely to look forward to plans and events for the coming year. The next event directly involving ESRS is the bi-annual Sleep and Breathing Conference, which will be held in Marseilles between April 6-8. This educational meeting, jointly organized by ESRS and ERS, has now become a regular feature in the meeting calendar, and the Marseilles Conference is the Fourth in the series. A strong international faculty is in place, and a record number of abstracts have been submitted. The conference should particularly appeal to those involved in the clinical assessment and management of sleep disorders with a special focus on sleep/breathing disorders.

The ESRS Board will meet with the Assembly of National Sleep Societies (ANSS) over two days in Reykjavik, May 5-6. This annual meeting is an important event in the annual calendar, and provides an opportunity to interact with the leadership of National Societies to promote shared objectives such as the promotion of sleep topics at EU level in Brussels, joint projects relating to consensus statements, and other research initiatives. The ESRS Board is actively working with the ANSS to promote sleep as a topic for inclusion in Horizon 2020.

Arrangements are progressing well for the first Sleep Science School to be held in Frejus, France during October and applications are now being evaluated for participation. This basic science school complements other more clinically-focussed European educational initiatives relating to sleep such as the Alpine Sleep Summer School.

Initial planning has already commenced for the next ESRS Congress in Basel in 2018. The great success of the 2016 congress in Bologna will be a hard act to follow, but I believe the organizing committee is eager to meet the challenge!

Walter McNicholas
ESRS President
ERS and ESRS organise the 4th Sleep and Breathing Conference

Over 3 intense days, delegates will have the opportunity to choose among over 40 sessions of the programme. Over 55 experts will discuss their latest findings and present key updates on all sleep disorders and sleep breathing disorders. 100 abstracts were accepted for presentation providing interesting and new data from around the world in the sleep and respiratory medicine and research fields.

The focus is on professional development and education, while attendance at the conference will give you the opportunity to update your knowledge and skills, network with other sleep professionals and earn continuing medical education (up to 18 CME) credits, provided by both EBAP and UEMS accreditation boards.

The Conference Chairs, Prof.s Anita Simonds and Walter McNicholas, would like to particularly thank the organising Committee members who contributing in putting in place this outstanding programme:

- Vice Chairs Maria Bonsignore and Lino Nobili
- Committee Members Tiina Paunio, Jean-Louis Pépin, Winfried Randerath, Renata Riha and Johan Verbraecken

This year's programme places a spotlight on sleep and breathing disorders including sleep-related areas of paediatrics, obesity, cardiovascular disorders, diabetes, psychology, psychiatry and neurology. A keynote lecture will be given by Prof. Matthew Naughton covering heart failure and central sleep apnoea: current concepts on aetiology, diagnosis and therapy, taking place on the first day of the conference programme.

As the second largest city in France, Marseille is the ideal host for this year's conference. Marseille boasts an excellent reputation in culture and sport, ensuring there is plenty for you to explore outside of the busy conference schedule.
REPORTS OF THE ESRS COMMITTEES

ESRS Scientific Committee (SC)

Members (2016 – 2018):
Raphaëlle Winsky-Sommerer (Chair; United Kingdom), Gianluca Ficca (Italy), Ludger Grote (Sweden), Birgit Högl (Austria), Reto Huber (Switzerland), Poul Jennum (Denmark), Christoph Nissen (Germany), Gilles Vandewalle (Belgium), Giovanna Zoccoli (Italy)

Following the ESRS conference in Bologna, the Scientific Committee reviewed comments and suggestions provided by participants to members of the Scientific Committee. A number of points relevant to the organisation of the Basel congress were also discussed (e.g., programme overview; guidelines for abstract submission) and suggestions will be submitted for consideration to the ESRS Board in the upcoming months.

The Scientific Committee also reviewed applications for the ESRS short-term research fellowships, ESRS meetings and courses fellowships, and ESRS two-week training grant, and made recommendations to the Board.

Raphaëlle Winsky-Sommerer (on behalf of the Scientific Committee)

ESRS Sleep Medicine Committee (SMC)

Members (2016 – 2018):
Thomas Penzel (Coordinator), Tiina Paunio (Vice-Coordinator), Erna Sif Arnardóttir (EC ECRN and ANSS Representative), Marie-Pia d’Ortho, Colin Espie, Diego García-Borreguero, Lino Nobili, Dirk Pevernagie, Thomas Pollmächer, Javier Puertas, Andrea Rodenbeck

The SMC focuses on the recognition of Sleep Medicine as a medical subspecialty in Europe. The SMC coordinates activities for the accreditation of sleep medicine centers. The current plan is that the ESRS has an umbrella role helping national sleep societies to implement national accreditation. In order to consent rules on this a SMC meeting is planned for 2017. This activity is aligned with the national sleep societies, and the ERS as the most important stakeholder. The development of standards of practice papers and clinical guidelines will come next. Over the winter months the SMC held no meeting and no teleconference.

Thomas Penzel
ESRS Education Committee (EduCom)

Members (2016 – 2018):
Tiina Paunio (Coordinator), Roberto Amici, Claudio Bassetti, Oliviero Bruni, Colin Espie, Ludger Grote, Lyudmila Korostovtseva, Pierre-Hervé Luppi, Liborio Parrino, Thomas Penzel, Dirk Pevernagie

A survey for feedback for the Somnologist Examination in Bologna, 2016, as well as for the ESRS Textbook, from the participants for the 2016 Somnologist examination was performed. There were altogether 67 participants so that the participation rate was 1/3.

Most of the examinees (84%) had got the information about the examination from the ESRS website or colleagues. 90% rated the online application process as good, very good or excellent, and the corresponding rates for the transparency of the contents and themes of the examination was 93%, and 90% for the professional quality of the questions and the given answers. 80% considered that the professional quality of the ESRS Textbook was good, very good or excellent, while 17% considered it was fair and 2% as poor. 91% considered that the textbook was helpful for the preparation of the examination.

The feedback for the Textbook was discussed among the EduCom at a teleconference in December 2016. While it was acknowledged that the general responses regarding the examination were good, some issues, such as those related to equalizing the quality inside the different chapters, and repetition of some of the topics within and between chapters, were discussed. The first edition of the Textbook is almost sold out. A reprint of 1000 copies was ordered and already delivered to the ESRS.

The next Somnologist examination will be organized in Marseille on the 8th April, 2017. There were 74 applications, out of which 67 were considered as eligible for the examination. For the Somnologist – technician examination, there are 20 applications, all eligible for the examination.

Tiina Paunio

ESRS ANSS EU Committee

Report on the activities: November 2016 – March 2017

Members (2016 – 2018):
Roberto Amici (Coordinator), Diego Garcia Borreguero (Vice-Coordinator), Liborio Parrino (EC ANSS Chair), Damien Leger, Pierre-Hervé Luppi, Walter McNicholas, Lino Nobili, Tiina Paunio, Philippe Peigneux, Dieter Riemann, Debra J. Skene, Johan Verbraecken

The main aims of the Committee are: i) to bring the topics of “sleep” and “sleep disorders” to the attention of the EU in order to receive support for research and teaching activities; ii) to promote sleep-related issues from a political point of view at a European and national level.

The activity of the EU Committee in the past months has been aimed at elaborating
new strategies in order to put forward, at the level of the EU Commission, “Sleep and Sleep Disorders” as a topic for the Horizon 2020 upcoming call 2018-20. At the end of 2016, in collaboration with the Assembly of the National Sleep Societies (ANSS), a document has been finalized (please find it at: www.esrs.eu/committees-networks/esrs-anss-eu-committee/documents.html) and sent by every NSS President to the National Contact Points of the pillar Health of the DG “Research and Innovation”, in order to provide the National Members of the Advisory Board who is in charge to finalize the Horizon Health 2020 call for 2018-20 with the document. The outcomes of this initiative will be discussed in the forthcoming meeting of the ANSS, which will be held in Reykjavik, Iceland, 5 to 7 May 2017.

Roberto Amici
REPORTS OF THE EUROPEAN NETWORKS

European Insomnia Network (EIN)

The European Insomnia Network held its fourth meeting in Amsterdam from December 15 to 16, 2016. Eus van Someren and his group had arranged a terrific programme covering many aspects of insomnia including more than 20 clinicians and researchers from all over Europe. The meeting was a huge success and will be repeated next year at a different location, maybe in Oxford.

Another very important activity of the European Insomnia Network is the European Guideline for the Diagnosis and Treatment of Insomnia, a task force group supported by the ESRS board and chaired by Dieter Riemann from Freiburg. A group of 21 researchers and clinicians from more than 15 European countries will meet on March 31 in Frankfurt in order to finalize the guideline. It is planned to have the guideline published in the Journal of Sleep Research by the end of 2017. The guideline will be endorsed by the board of the European Sleep Research Society and by the executive committee of the Association of National Sleep Societies.

Dieter Riemann, Ph.D.
Professor of Clinical psychophysiology
For the European Insomnia Network

European Narcolepsy Network (EU-NN)

In the past half year, the number of members has grown to 32. Presently, sleep laboratories and members from 16 European countries are participating in the network.

The board of the EU-NN and the database committee have decided to change the provider and will use Redcap as a new system. The change will take place in April 2017. Members will receive new access codes.

R. Khatami and Z. Zhang from Barmelweid/Switzerland have provided the quality control of the database which presently comprises 1228 validated and 412 non-validated datasets. A new publication about a machine learning approach to differentiate between NT1, NT2 using the database material is in preparation.

The homepage has been updated with the help of our members. We focused on legal issues like driving. We recently added information about new articles on narcolepsy.
and its related fields. The literature update will be provided every three months. Movies about narcoleptic features will be available for our members, and movies made by European Narcolepsy Groups for publicity purposes will be available for the public.

Proposals for improvement of the homepage are welcome. The homepage is presently run by Prof. M. Tafti/ the University of Lausanne. As it is presently not possible to change contents for persons who are not members of the university of Lausanne we will probably change the provider within this year. We thank Prof. Tafti for his input and efforts for the maintenance of the homepage.

In collaboration with the European Academy of Neurology and the ESRS, the EU-NN is participating in the preparation of a new European Narcolepsy Guideline. The first meeting has been organized by C. Bassetti and U. Kallweit from Bern, and M. Manconi invited the participants to Lugano. The results of the Lugano meeting will now be submitted to the different organizations for approval.

The 8th European Narcolepsy Day under the motto „Together for better care“ will take place in Palma de Mallorca from March 18 to 19. The programme is available under [www.uibcongres.org/narcolepsy2017/ficha.en.html](http://www.uibcongres.org/narcolepsy2017/ficha.en.html). The European Narcolepsy Day is organized by our member Dr. F. Canellas and the Spanish Narcolepsy Association. We invite everyone interested in the field of narcolepsy and hypersomnolences in Europe and the rest of the world to join us to make this conference a step forward in the care of patients with narcolepsy and hypersomnolences in Europe and worldwide. We are happy to announce that the „Young Scientist Award“ of the EU-NN goes to L. Barateau from Montpellier/France for her work „Comorbidity between central disorders of hypersomnolence and immune-based disorders“.

The Board of EU-NN
At the end of January 2017, the ANSS Executive Committee met in Frankfurt to prepare the programme of the annual ANSS meeting. This will take place in Reykjavik (Iceland) from May 5th, starting at 18:00, to early hours of May 7th.

The agenda will start with the presentation of the National Sleep Societies. This will allow us to draw a picture on how things are moving in the different countries, and verify whether ANSS can contribute to overcome critical issues removing obstacles and promoting official support to local initiatives.
A special session will be dedicated to the work in progress of the ESRS-ANSS task forces: Horizon 2020, Beyond AHI, Sleep medicine as subspeciality, the European Guideline for the Diagnosis and Treatment of Insomnia, Implementation of the ESRS guidelines.
Other sessions will focus on models for sleep medicine organization and on how driving regulation in patients with OSAS and sleepiness is applied in the different countries. A specific expert contribution will describe the available technical opportunities to monitor vigilance and attention at the wheel.
The results of two surveys - one on Patient Organizations and one Follow-up Questionnaire for Sleep Medicine as a subspeciality - will be updated and discussed.
ANSS sponsors will have the opportunity to share with the ANSS members new proposals and perspectives, while ESRS and ANSS activities will be assessed in specific business meetings.
A general discussion on future projects will close the meeting. All NSS Presidents have been invited to submit proposals ranging from a research project, to a survey or awareness campaign challenge or a discussion of challenges within a specific field of sleep research/medicine.
As a final note, the President of Iceland has officially invited the ANSS participants to a one-hour reception at Bessastadir, the presidential residence, the evening of May 5th: quite an honor for the European sleep community!

Liborio Parrino
Chair, on behalf of the EC ANSS
NEW EDITOR-IN-CHIEF OF THE JOURNAL OF SLEEP RESEARCH

Dear Members of the European Sleep Research Society,

I would like to introduce myself as the new Editor in Chief of the Journal of Sleep Research starting my term in 2017. As some of you may have realized, I already was on board for several months in a “transitional capacity” taking over the function of Chief Editor from Derk-Jan Dijk. I would like to express my utmost gratitude and heartfelt thanks to Derk-Jan Dijk, who has done a terrific job as Chief Editor of JSR over the last 6 years and has made it easy for me to grow into this new position. With Derk-Jan Dijk, the scientific reputation of JSR has grown steadily over the years and stabilized on a high level. I do wish Derk-Jan all the best for the future.

As JSR is the official organ of the European Sleep Research Society I will pay special attention to official publications coming from the Society - this will apply to position papers, papers relating to procedures in sleep medicine or guideline publications. Further changes which will become effective immediately will be the possibility to submit unsolicited reviews from the scientific community with the aim to have one review per issue of JSR in the future. Reviews should give an accurate and precise state-of-the-science overview of a given topic; meta-analyses as well as theoretical or conceptual papers discussing important topics in sleep medicine and sleep research will be welcome as well. Another novelty will be the introduction of “fast track” papers, which are also meant to be short papers, but which should include “hot off the press” new research - we will aim at reviewing and publishing exciting new data as quickly as possible. Some changes have already been made with respect to Deputy and Associate Editors of the journal. Sadly, Avi Sadeh passed away prematurely last year - we miss him sadly as a colleague and excellent Associate Editor. Jan Hedner and Pierre Maquet asked to retire at the end of last year and were replaced by Silke Ryan from Dublin (respiratory sleep medicine) and Isabelle Arnulf (clinical neuroscience / neurology) from Paris. Angelika Schlarb from Bielefeld, a specialist in child and adolescent sleep medicine came on board for Avi Sadeh. Further changes will take place during the course of this year. I want to thank all Deputy and Associate Editors for their hard work in the past and future – without them, JSR would not be possible. The same applies for all those who have reviewed, and hopefully will, review new submissions to JSR in the future – we all know that our journal would not function without the tireless efforts our reviewers put into their work.

Many thanks also go to Brigitte Knobl, our editorial assistant. Without her tremendous help and guidance I would not have been capable to grow into my new position so smoothly and uncomplicated.

I would also like to thank our publisher, Wiley, who is located in Oxford, UK. I am sure that we will be able to keep our relations on a highly productive and amicable level - I
would like to mention personally Silvana Losito whom I want to thank very much for her support and understanding. We will now have the possibility that members of the ESRS can use the “open access” function for an exclusive fee of 1000 USD (www.esrs.eu/media/journal-of-sleep-research.html).

It is my aim further to enhance the visibility and the attractiveness of the Journal of Sleep Research for scientists and clinicians who have interesting data to present - we will work tirelessly to reduce the time between submission and acceptance. I think we owe it to our submitting authors to work on the submissions as quick as possible.

Looking forward to your manuscript submissions!

Dieter Riemann
Interview with the President of the Czech Sleep Research and Sleep Medicine Society, Dr. Jana Vyskočilová, and Dr. Ondřej Ludka, Committee Member

Dear Dr. Vyskočilová, what is the status of the accreditation procedures for sleep medicine experts? Can you explain how the procedure works?

Physicians: week-long theoretical course, theoretical test, if the success rate greater than 70%, then theoretical oral examination, if not, it must be repeated, maximum three times, practical examinations (scoring PSGs and PGs).

Technicians: week-long theoretical and practical course, theoretical and practical examination.

Is such an accreditation procedure planned only for physicians or also for other professional figures like psychologists, technicians etc.?

Physicians and technicians.

Do you also have an accreditation procedure for sleep centers?

Yes.

Do you have accreditation procedures for centers with different characteristics (multidisciplinary, respiratory specific, pediatrics etc.)?

Yes. We have 3 different types of accreditation: Comprehensive center of diagnosis and treatment of sleep disorders, Centre for diagnosis and treatment of sleep-disordered breathing, Monitoring and treatment unit of sleep-disordered breathing (only PG, not PSG).

Is sleep medicine officially included in academic programmes?

Yes.

Do you organize accredited sleep medicine courses?

Annually for physicians and also for technicians.

Are you working toward achieving the recognition of sleep medicine as a medical sub-specialty?

Yes, but still unsuccessfully.

Is basic research in the sleep field represented in the Czech Sleep Research and Sleep Medicine Society activities?

Yes.

Thank you, Dr. Vyskočilová, for participating in this interview.

Lino Nobili
CALL FOR ESRS WEB COORDINATOR

Role
The role of the Website Coordinator is to work with the Website Editor to ensure the successful implementation of projects, and to guide the content and future developments of the Society Website and related materials. A first step will be a major redevelopment to make the website more interactive and suitable for a wide range of functions, in particular in the area of education. The Coordinator will cooperate with the standing committees of the ESRS and with the ESRS Board in the successful implementation and development of this role. The Coordinator will chair a web committee containing representation from the ESRS Board and each of the ESRS Standing Committees.

Experience
The Website Coordinator must be aware of advancing technologies and their impact on the ESRS website and any potential benefits to users. The Website Coordinator must have some knowledge of electronic media and good IT skills. They must have a genuine interest and enthusiasm for e-communications. Specific knowledge of web design is not required. This level of development will be undertaken by a professional web designer with the Web Coordinator acting in an advisory capacity in respect of structure and content.

Financial Support
While no salary or honorarium is provided for this position, funds can be provided for specific projects relating to website development following approval by the ESRS Board.

Duration
The Website Coordinator will serve a renewable mandate of 2 years.

Selection
The Website Coordinator should be an ESRS member. All candidates need to provide a mini curriculum vitae and a statement of intent, copies of which should be forwarded to the ESRS Office (attention of: Brigitte Knobl, esrs.bk@online.de) by 31 March 2017. Applications will be accepted via e-mail only. Candidates must not currently hold a position within the ESRS Board, and should preferably not be a member of an ESRS Standing Committee.

Terms of Office
The Website Coordinator begins her/his term of office as soon as appointment is made by the ESRS Board.
RECIPIENTS OF ESRS FELLOWSHIP, TRAINING AND MEETING GRANTS

The ESRS Board is pleased to announce that 7 ESRS Grants have been awarded for the year 2017 within the programme to support early career researchers within Europe.

We congratulate the recipients and cordially thank the supervisors and teams of the host laboratories for their support and cooperation in this endeavour.

Recipient 1 of ESRS Short-Term Research Fellowship:
Julie Christensen, PhD, Glostrup, Denmark
Host Laboratory:
Netherlands Institute for Neuroscience, Sleep & Cognition, Amsterdam, The Netherlands
Supervision:
Prof. Eus van Someren

Recipient 2 of ESRS Short-Term Research Fellowship:
Desana Kocevska, MSc, Rotterdam, Netherlands
Host Laboratory:
University Children’s Hospital, Child Development Center, Zurich, Switzerland
Supervision:
Reto Huber, PhD

Recipient of ESRS Two-Week Training Grant:
Chiara Bartolacci, MSc, Rome, Italy
Host Laboratory:
University of Oxford Sleep Research Centre, Nuffield Department of Clinical Neurosciences, Oxford, United Kingdom
Supervision:
Prof. Colin Espie, Dr. Simon Kyle
Recipient 1 of ESRS Meeting Grants:
Mohamed Ameen, Cambridge, UK
3rd Symposium on Sleep, Cognition, and Consciousness (Kaprun, Austria, 2 - 4 March 2017)

Recipient 2 of ESRS Meeting Grants:
Stefano Bastianini, Bologna, Italy
World Sleep 2017 (Prague; Czech Republic, 7 – 11 October 2017)

Recipient 3 of ESRS Meeting Grants:
Amber Rogusk, Edinburgh, United Kingdom
Sleep and Breathing 2017 (Marseille, France, 6 – 8 April 2017)

Recipient 4 of ESRS Meeting Grants:
Jayne Trickett, Birmingham, United Kingdom
Sleep and Breathing 2017 (Marseille, France, 6 – 8 April 2017)
ESRS SLEEP SCIENCE SCHOOL "Neural Networks in Sleep"

The Sleep Science School is a new ESRS initiative aimed at gathering early career sleep scientists around different fundamental topics, allowing them to gain knowledge, share their work and experience, meet experienced researchers, develop opportunities and create novel networks of excellence.

The focus of the first edition of the ESRS Sleep Science School will be "Neural Networks in Sleep". It will be held in Frejus, a city located on the Mediterranean sea (France), 16 - 21 October 2017. Pierre-Hervé Luppi and Philippe Peigneux will coordinate this edition.

Both animal and human research will be addressed. The programme will include communications by international sleep experts on specific topics (see below) but also workshop interactive sessions aimed at writing research grants and proposals and stimulate in-depth exchanges between young and experienced researchers. The faculty members will be present during the entire week and available for theoretical and practical discussions with young researchers.

Neural networks in sleep refer to the neurophysiological and neuroanatomical organization of populations of neurons responsible for generating the sleep-waking cycle or implicated in the functions of sleep. It can be investigated both in human and animal using classical approaches such as electrophysiology and neuroanatomy but also new ones like optogenetic or MEG. All these methods are necessary for an in-depth understanding of the mechanisms regulating sleep and to determine how these mechanisms are potentially modulated by daytime experience and/or disrupted in pathological conditions, and subserve or cohere with crucial cognitive functions.

A maximum number of 40 participants will be accepted to the ESRS Sleep Science School.

The ESRS Research Networking Committee will rank the applications, received by 24 February 2017, both to participate and to get funded.

Philippe Peigneux and Pierre-Hervé Luppi  
Organizers of the School

Lino Nobili  
ESRS Secretary
Programme

Monday, 16.10.2017: Arrival and get-together

19.30 – 20.30 Dinner
20.30 – 22.30 Poster hanging and get-together session

Tuesday, 17.10.2017: Day 1

09.00 General programme overview, participants' and faculty presentation, constitution of small groups for workshop activities
09.30 – 10.30 Lecture 1:
Vlad Vyazovskiy - Local and global dynamics of sleep regulation: focus on the use of advanced electrophysiological methods
11.00 – 12.30 Lecture 2:
Anita Lüthi - Mechanisms and functions of thalamo-cortical activities: "in vitro" versus "in vivo" approaches
12.30 – 13.30 Lunch
13.30 – 15.00 Social (free time, games and sport activities)
15.00 – 16.00 "Meet a Faculty" (meetings in small groups, 5 participants maximum with a member of the faculty, for a free exchange period) or Social (free time)
16.00 – 17.30 Lecture 3:
Hans-Peter Landolt - Sleep EEG fingerprints, biomarkers and the genetics underlying (human) sleep phenotypes
17.30 – 19.30 Walking Poster Presentation 1 (6 minutes + 4 min discussion/poster; n = 12 posters)
19.30 – 20.30 Dinner
20.30 – 22.00 Night Sleep Game

Wednesday, 18.10.2017: Day 2

09.00 – 10.30 Lecture 4:
Patricia Bonnavion – A review and critic of the new genetic methods applied to the study of sleep networks
10.45 – 12.45 Walking Poster Presentation 2 (6 minutes + 4 min discussion/poster; n = 12 posters)
12.45 – 13.45 Lunch
13.45 – 16.00 Trekking on the sea shore by small groups with informal discussion
16.00 – 18.00 Workshop activity 1 - Winning Grant and Proposals
16.00 – 16.30 Lecture "How to write a successful grant?"
16.30 – 18.00 Development of scientific proposals to be presented at the end of the week (by small groups, with partial moderation of faculty members)
18.00 – 19.30 Lecture 5:
Victor Spoormaker - fMRI/EEG advantages and pitfalls to study brain networks in sleep and their significance
19.30 – 20.30 Dinner
20.30 – 21.30 The Pros and The Cons Contest Session 1

Thursday, 19.10.2017: Day 3

09.00 – 10.30 Lecture 6:
Philippe Peigneux: Can we identify the neural networks subtending sleep-learning and sleep-dependent memory consolidation mechanisms in human?
10.45 – 12.45 Walking Poster Presentation 3 (6 minutes + 4 min discussion/poster; n = 12 posters)
12.45 – 13.45 Lunch
13.45 – 15.00 Social (free time, games and sport activities)
15.00 – 16.00 "Meet a Faculty" (meetings by small groups, 5 participants maximum with one member of the faculty, for a free exchange time period) or Social (free time)
16.00 – 18.00 Workshop activity writing project/grant - continued
18.00 – 19.30 Lecture 7:
Pierre-Hervé Luppi: Which animal models and methods to study paradoxical sleep functions, genesis and pathologies?
20.30 – 21.30 The Pros and The Cons Contest Session 2

Friday, 20.10.2017: Day 4

09.00 – 10.30 Lecture 8:
Raphaëlle Winsky-Sommerer – Is pharmacology a dead end to study sleep and treat its pathologies?
10.45 – 12.45 Lecture 9:
Alain Destexhe – Can we model the neural networks of sleep?

12.45 – 13.45  Lunch
13.45 – 16.00  Social (free time, games and sport activities)
16.00 – 18.00  Workshop activity - Projects Presentation (15 min/project + 15 min discussion)
18.00 – 19.30  Open discussion on how to find postdoc, next steps, career planning
19.30 – 20.30  Dinner
20.30 – 21.00  Debriefing and feedback session
21.00 –        Dance party

Saturday, 21.10.2017: Departure

Breakfast and group picture
The Sleep Medicine Textbook provides comprehensive, all-in-one educational material (550 pages) structured around the Catalogue of knowledge and skills for sleep medicine (Penzel et al. 2014, Journal of Sleep Research). Written by experts in the field and published by the ESRS, it provides a European approach to sleep medicine education, and represents the knowledge base for the ESRS-endorse sleep medicine examinations.

Endorsed by ERS

Download free sample chapter: B.1. Classification of sleep disorders

<table>
<thead>
<tr>
<th>ESRS Members*</th>
<th>ESRS Early Career Research Network (ECRN)**</th>
<th>Non-Members</th>
</tr>
</thead>
<tbody>
<tr>
<td>€ 140</td>
<td>€ 120</td>
<td>€ 155</td>
</tr>
</tbody>
</table>

* As a courtesy of ESRS, members of the Associate National Sleep Societies (ANSS), the European Biological Rhythms Society (EBRS) and the European Respiratory Society (ERS) benefit from the reduced price.
** ECRN members benefit from the student price (see conditions).

------------------------------------------------------------------------------------------------------------------

BOOK ORDER

Fax/ email this form to Maria Wiechmann (ESRS Office) +49 941 29080975 / maria.wiechmann@esrs.eu

I hereby order _______ copy/ copies of the Sleep Medicine Textbook (Editors: Claudio Bassetti, Zoran Dogas, Philippe Peigneux)

☐ € 140 (ESRS, ANSS, EBRS and ERS members) ☐ € 120 (ECRN members) ☐ € 155 (non-members)

I am a member of:

☐ ESRS ☐ ANSS* ☐ EBRS* ☐ ERS*
* Please include a membership certificate.

☐ ESRS-ECRN **
** Reduced price for ESRS members during studentship and 5 years after having received a degree as PhD or MD. Please include appropriate certificates.

Payment method

☐ Master Card ☐ Am. Exp. ☐ Visa ☐ Diners ☐ Bank Transfer

Credit cards: will be debited at the time of expedition only
PayPal option: a link will be sent to your email address to go the PayPal webpage and proceed to payment

Delivery costs (to be added to the net price):

☐ € 8,90 (inside Europe*) ☐ € 15,90 (outside Europe)

☐ € 13,99 (with shipment tracking inside Europe*) ☐ € 28,99 (with shipment tracking outside Europe)

* Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Monaco, Poland, Portugal, Rumania, Slovakia, Slovenia, Spain, Sweden, The Netherlands, UK

Card No. __________________________
Date of expiration ________________

Date: ________________    Signature: ________________________________

Name in block letters: ________________________________

Email address: ________________________________

The book should be sent to the following address:

________________________________________
________________________________________
________________________________________
ESRS EVENTS

Sleep and Breathing 2017
The fourth international conference organised by the European Respiratory Society (ERS) and the European Sleep Research Society (ESRS)

Date: April 6 – 8, 2017
Venue: Marseille, France
Website: www.sleepandbreathing.org/
Video click here

ESRS Sleep Science School "Neural Networks in Sleep"

Date: October 16 – 21, 2017
Venue: Frejus, France
Programme: click here

24th Congress of the European Sleep Research Society

Date: September 25 – 28, 2018
Venue: Basel, Switzerland
Website: www.esrs-congress.eu/2018.html
ESRS ENDORSED TRAINING, COURSES & EVENTS

Symposium "Crossing the Watershed between Sleep and Wakefulness"

Date: June30, 2017
Venue: Amsterdam, The Netherlands
Programme: [www.esrs.eu/.../TSleepin_Brain_including_Symposium.pdf](https://www.esrs.eu/.../TSleepin_Brain_including_Symposium.pdf)
OTHER TRAINING & COURSES

Edinburgh Sleep Medicine Course
Date: March 13 - 17, 2017
Venue: Edinburgh, Scotland, UK

Now entering its ninth year, this annual course aims to provide up-to-date information on the theory and practice of sleep medicine including practical experience in the technological aspects of measuring and monitoring sleep. The course is aimed at all professionals involved in the diagnosis and treatment of sleep disorders. This course is open to applicants from all countries. Competence in understanding spoken English is required.

Brain Dynamics on Multiple Scales - Paradigms, their Relations, and Integrated Approaches
Date: June 19 - 23, 2017
Venue: Dresden, Germany
Flyer: www.pks.mpg.de/fileadmin/user_upload/MPIPKS/msbdy17_poster.pdf
Website: www.pks.mpg.de/msbdy17/

International Workshop

Scientific Coordinators:
Peter Achermann (Zurich, CH), Eckehard Olbrich (Leipzig, DE), Thomas Wennekers (Plymouth, UK)

Sleep and Cognition
Date: July 8 – 15, 2017
Venue: Siena, Italy
Website: www.nsas.it/courses-workshops/advanced-courses/sleep-and-cognition/

The Advanced Course will cut across multiple fields of sleep studies and will feature dedicated sessions addressing important emerging areas. Emphasis will be placed on cutting-edge methods and hypotheses for understanding sleep and its effects on cognitive functions, and on how neurophysiological/genetic/imaging approaches can shed light on the functions of sleep and its essential role in maintaining and preserving vigilance, performance, learning and memory.
4th Annual Summer School

Date: September 3 – 8, 2017
Venue: Oxford, UK
Flyer: www.esrs.eu/.../2017_SUMMER_SCHOOL.pdf

Online registration open from March 2017
EVENTS OF AFFILIATED NATIONAL SLEEP SOCIETIES

9th International Workshop "Sleep - a window to the world of wakefulness"
Date: March 18 - 20, 2017
Venue: Moscow, Russia
Website: project118806.tilda.ws/englishversion

17th Nordic Sleep Conference
organized by the Estonian Sleep Medicine Association
Date: May 24 - 26, 2017
Venue: Tallinn, Estonia
Website: www.nsc2017.ee/en/home/
Flyer: www.esrs.eu/.../tx_mnmesrscal/NSC_1announcement_bl3_printfail.pdf

Brighton Sleep 2017
organized by the British Sleep Society
Date: October 12 - 14, 2017
Venue: Brighton, UK
Website: www.sleepsociety.org.uk/

Important dates:
5 June 2017: Abstract & travel grant deadline
10 July 2017: Early bird deadline

Apply for a Travel Grant
Submit an Abstract
Register for Conference
FUTURE MEETINGS

**XV European Biological Rhythms Society Congress**

- **Date:** July 30 – August 3, 2017
- **Venue:** Amsterdam, The Netherlands
- **Flyer:** [www.esrs.eu/.../EBRS_flyer_update.pdf](http://www.esrs.eu/.../EBRS_flyer_update.pdf)
- **Website:** [www.nin-meeting.nl/](http://www.nin-meeting.nl/)

**World Sleep 2017**

Joint congress of the World Sleep Federation (WSF) and the World Association of Sleep Medicine (WASM)

- **Hosted by:** Czech Sleep Research and Sleep Medicine Society
- **Date:** October 7 - 11, 2017
- **Venue:** Prague, Czech Republic
- **Website:** [www.worldsleepcongress.com/](http://www.worldsleepcongress.com/)
NEW MEMBERS

The Society welcomes the following new members:

Eiman AlAnbay, MD
University Sleep Disorder Center, King Khalid University Hospital, Aldaryea, 11472 Riyadh, Saudi Arabia
e-mail: dr.alanbay(a)gmail.com

Waiel Hussain Fadhllallah Alkhateeb, MD
ENT/Sleep Centre, MC Slotervaart Amsterdam, Louwesweg 6, 1066 EC Amsterdam, The Netherlands
e-mail: w.alkhateeb(a)slz.nl

Mohamed Ameen
University of Strasbourg, 4 rue Blaise Pascal, 67081 Strasbourg, France
e-mail: safwat-jr(a)hotmail.com

Solmaz Aminpour, MD
University of Turku, CAPC, Kiinamyllynkatu 10, B5, 20520 Turku, Finland
e-mail: solami(a)utu.fi

Pedro Andrade
Neurobiology, AIVI, Neulaniementie 2, 70 211 Kuopio, Finland
e-mail: pedro.andrade(a)uef.fi

Suzana Arbutina
Pulmonology, Clinic of Pulmoallergology, Bul. Majka Tereza 17, 1000 Skopje, Macedonia
e-mail: suzana.arbutina(a)yahoo.com

Anat Arzi, PhD
University of Cambridge, Downing Site, CB2 3AR Cambridge, United Kingdom
e-mail: anat.arzi(a)gmail.com

Wei Ba, MSc
Life Sciences, Imperial College London, Sir Ernst Chain Building, South Kensington, SW7 2AZ London, United Kingdom
e-mail: w.ba(a)imperial.ac.uk

Chiara Bartolacci, MSc
Psychology, La Sapienza, University of Rome, Via die Marsi 78, 00185 Rome, Italy
e-mail: chiara.bartolacci(a)uniroma1.it
Frieda Beelen
Ziekenhuis St Jansdal, Postbus 138, 3840 AC Harderwijk, The Netherlands
e-mail: frieda.beelen(a)kabelfoon.net

Melanie Bergmann
Department of Neurology, Medical University, Anichstr. 35, 6020 Innsbruck, Austria
e-mail: melanie.bergmann(a)i-med.ac.at

Tessa Blanken, MSc
Sleep and Cognition, Netherlands Institute for Neuroscience, Meibergdreef 47, 1105
BA Amsterdam Zuidoost, The Netherlands
e-mail: t.blanken(a)nin.knaw.nl

Borbála Blaskovich
Department of Cognitive Science, Budapest University of Technology and
Economics, Muegyetem rkp. 3, 1111 Budapest, Hungary
e-mail: borbala.blaskovich(a)gmail.com

Nadine Boogers
Reinier de Graaf Gasthuis, Reinier de Graafweg 5, 2625 AD Delft, The Netherlands
e-mail: boogers(a)rdgg.nl

Marjolijn Bornebroek, PhD, MD
Neurology, RDGG, Reinier de Graafweg 5, 2615 AD Delft, The Netherlands
e-mail: m.bornebroek(a)rdgg.nl

Jacobien Bos
Ziekenhuis Rijnstate, Wagnerlaan 55, 6815 AD Arnhem, The Netherlands
e-mail: jacobienbos(a)rijnstate.nl

H Myrthe Boss, MD
Gelderse Vallei Ziekenhuis, Willy Brandtlaan 10, 6716 RP Ede, The Netherlands
e-mail: myrtheboss(a)gmail.com

Valerio Brunetti
Neurology, Catholic University - Institute of Neurology, Largo A. Gemelli 8, 00168
Roma, Italy
e-mail: v.brunetti2509(a)gmail.com

Sarah Elisabeth Buerki, MD
Paediatric Neurology, University Children's Hospital, Freiburgstr., 3010 Bern,
Switzerland
e-mail: sarah.buerki(a)insel.ch

Ya-Yun Chen, MSc
Institute of Brain Science, Li-Nong St. , Sec.2, Peitou, 155 Taipei, Taiwan
e-mail: chenyayun9683(a)gmail.com
Julie Anja Engelhard **Christensen**, MSc  
Department of Clinical Neurophysiology, RH-Glo, Danish Center for Sleep Medicine, Nordre Ringvej 57, DK-2600 Glostrup, Denmark  
e-mail: julie.anja.engelhard.christensen(at)regionh.dk

Emily BJ **Coffey**, PhD  
McGill University, 3801 rue University, H3A 1A1 Montreal, Canada  
e-mail: emily(at)flighteducation.net

James Nicholas **Cousins**, BSc, MSc, PhD  
Cognitive Neuroscience Laboratory, Duke-NUS Medical School, 8 College road, Level 6, 169857 Singapore, Singapore  
e-mail: james.cousins(at)duke-nus.edu.sg

Nicole Gerarda A. M. **Cuijpers**  
Centre of Expertise for Chronic Organ Failur, CIRO, Hornerheide 1, 6085 NM Horn, The Netherlands  
e-mail: nicolecuijpers(at)ciro-horn.nl

Eden **Debellemamier**, MSc  
Rhythm, 5 rue Scribe, 75009 Paris, France  
e-mail: eden.dbm(at)gmail.com

M Wahab **Dhemech**  
Sleep Disorders, Weymouth Street Hospital, 42-46 Weymouth St, W1G 6NP London, United Kingdom  
e-mail: wahab.dhemech(at)weymouthhospital.com

Maria Wilhelmina **Droogendijk**, Ms  
Neurophysiology, Reinier de Graafweg 5, 2625 AD Delft, The Netherlands  
e-mail: m.droogendijk(at)rdgg.nl

Nanny **Duis**  
Center of Sleep Medicine, Amphia Hospital, Pasteurlaan 9/Postbus 67, 4900 AB Oosterhout, The Netherlands  
e-mail: NDuis(at)amphia.nl

Michel **Dumonceaux**, MD  
Pneumology, CHU UCL Namur, av Dr G Thérasse, B-5530 Yvoir, Belgium  
e-mail: michel.dumonceaux(at)uclouvain.be

Charmane I. **Eastman**, PhD  
Biological Rhythms Research Lab, Rush University Medical Center, 1645 West Jackson Blvd, Suite 425, 60612 Chicago, United States  
e-mail: ceastman(at)rush.edu

Megane **Erblang**, MSc  
Institut de recherche biomédicale des armées, BP 73, 91223 cedex Brétigny sur orge, France  
e-mail: megane.erblang(at)gmail.com
Matteo Falappa, MSc
Fondazione Istituto Italiano di Tecnologia, Via Morego 30, 16163 Genova, Italy
e-mail: matteo.falappa(iit.it

Elma Feric Bojic, BA, MSc, PhD
Somna Care, Branilaca Sipa 20, 71000 Sarajevo, Bosnia and Herzegovina
e-mail: elma.feric@gmail.com

Irina Filchenko
St. Petersburg State Medical University, Pavlov 1st, L’va Tolstogo Str. 6/8, 197022 Petersburg, Russia
e-mail: irini6994@gmail.com

Monique Geuke, MSc
Sleep Centre, Haaglanden Medisch Centrum, Lijnbaan 32, 2512 VA Den Haag, The Netherlands
e-mail: m.geuke@haaglandenmc.nl

Mir Farhad Ghaleh Bandi, MD
Psychiatry, Associate professor of Psychiatry, Iran University, Rasool akram Hospital, Nyayesh St, Sattarkhan Ave, 1935813613 Tehran, Iran
e-mail: mirfarhadg@yahoo.com

Jennifer Rachel Goldschmied, PhD
Psychiatry, University of Pennsylvania, 3535 Market Street, suite 670, 19104 Philadelphia, United States
e-mail: jrgolds2@mail.med.upenn.edu

Angela Maria Gomez Fonseca, MSc
Kognitive Biopsychologie und Methoden, University of Fribourg, Rue P.A. de Faucigny 2, 1700 Fribourg, Switzerland
e-mail: am.gomez17@uniandes.edu.co

Jari Gool, BSc
Department of Neurology, Leiden University, Albinusdreef 2, 2333ZA Leiden, The Netherlands
e-mail: jari.k.gool@gmail.com

Delphine Gouteux
Pneumology, CH Jolimont Lobbes, 159 Rue Ferrer, 7100 Haine Saint Paul, Belgium
e-mail: delphine.gouteux@skynet.be

Heidur Gretarsdottir, MSc
Lung Department, The National University Hospital of Iceland, Landspitali Fossvogi, 108 Reykjavik, Iceland
e-mail: heidurg@landspitali.is

Saskia Hanssen
Sleep Centre, CIRO, Hornerheide 1, 6085 NM Horn, The Netherlands
e-mail: saskia.hanssen@ciro-horn.nl
Sarah Hartley, MD
Unité du Sommeil, APHP Hôpital Poincaré, 104 Boulevard Poincaré, 92380 Garches, France
e-mail: sarah.hartley(aphp.fr

Muhannad Hawari
King Faisal Specialist Hospital & Research Center, Takhassusi Street, 11211 Riyadh, Saudi Arabia
e-mail: muh_hawari@yahoo.com

Eva Hennecke, MSc
German Aerospace Center, Linder Höhe, 51147 Cologne, Germany
e-mail: eva.hennecke(dlr.de

Bernard Hol
Polluxhof 14, 3318 BJ Dordrecht, The Netherlands
e-mail: bernardhol@hotmail.com

Maria Hrozanova
Norwegian University of Science and Technology, Hogskoleringen 1, 7491 Trondheim, Norway
e-mail: maria.hrozanova@gmail.com

Takahiro Katsumata, MD
Graduate School of Medicine, The University of Tokyo, 7-3-1, Hongo,Bunkyo-ku, 1130033 Tokyo, Japan
e-mail: alextfkdm.u-tokyo.ac.jp

Desana Kocevska, MSc
Department of Child and Adolescent Psychiatry, Erasmus MS, Wytemaweg 80, 3015CN Rotterdam, The Netherlands
e-mail: d.kocevska(erasmusmc.nl

Venkata Koka
Cabinet ORL, 78 Avenue de Gambetta, 75020 Paris, France
e-mail: koka.orl@free.fr

Ashok Kumar, MD
Pulmonology and critical care, Dr. Ziauddin University Hospital, St-4/B, Block 6, Scheme 5. Clifton, 75600 Karachi, Pakistan
e-mail: ashoka pj@yahoo.com

Denise Lange, MSc
German Aerospace Center, Linder Höhe, 51147 Cologne, Germany
e-mail: Denise.Lange(dlr.de

Tsogyal Daniela Latshang, MD
Pulmonology/Sleep Medicine, Cantonal Hospital Graubünden, Löstrasse 170, 7000 Chur, Switzerland
e-mail: tsogyal.latshang@ksgr.ch
Mick Kaspar Lehmann, PhD
Institute of Pharmacology and Toxicology, Winterthurerstrasse 190, 8057 Zürich, Switzerland
e-mail: mick.lehmann@uzh.ch

Marleny Macario
Clinical Neurophysiology, Hospital Universitario La Princesa, Diego de Leon Street 62, 28006 Madrid, Spain
e-mail: marleny.ma5@gmail.com

Jaidaa Farouk Mekky
Neuropsychiatry, Alexandria University, Faculty of Medicine, 21311 Alexandria, Egypt
e-mail: j.mekky@hotmail.co.uk

Andrea Melpignano
Via Gramsci, 14, 43100 Parma, Italy
e-mail: andrea.melpignano27@gmail.com

Adeel Meraj, MD
Psychiatry and Sleep Medicine, South Texas Veterans Healthcare System, 7400 Merton Minter, 116A, TX 78249 San Antonio, USA
e-mail: meraj.adeel@gmail.com

Vasileios Michailidis, MD
Respiratory Medicine, St. Loukas Hospital, Panorama, 55236 Thessaloniki, Greece
e-mail: mihbill@gmail.com

Stefan Minder, MD
SchlafZentrum Bern, Salem-Spital, Schaenzlistrasse 38, 3000 Bern 25, Switzerland
e-mail: stefan.minder@hin.ch

Linda Minken-Toisma, BA
Neurophysiology, Ziekenhuis Gelderse Vallei, Willy Brandtlaan 10, 6716 RP Ede, The Netherlands
e-mail: minkenl@zgv.nl

J. A. Mulder, MD
ENT, van Weel Bethesda, Stationsweg 22, 3247 BW Dirksland, The Netherlands
e-mail: j.a.mulder@me.com

Takashi Nakamura, MSc
Electrical an Electronic Engineering, Imperial College London, Level 8, EEE, Exhibition Road, SW7 2BT London, United Kingdom
e-mail: takashi.nakamura14@imperial.ac.uk

Dulce Neutel
Hospital Espírito Santo Évora, Largo Senhor da Pobreza, 7000 Évora, Portugal
e-mail: Dneutel@gmail.com
Nikolay Nikolaev, MD
SHATPPD - Ruse, 1-Aleya Liliya Str., 7002 Ruse, Bulgaria
e-mail: nikolay.evgeniev(a)gmail.com

MV Nuis
Pulmonary medicine, ZGT, Geerdinksweg 141, 7555 DL Hengelo, The Netherlands
e-mail: m.nuis(a)zgt.nl

Paula Alexandra Oliveira, BSc
Biochemical Sciences, Surrey Sleep Research Centre, Egerton Road, GU2 7XP
Guildford, United Kingdom
e-mail: p.oliveira(a)surrey.ac.uk

Tengiz Junior Oniani
Tengiz Oniani Laboratory of Sleep-Wakefulness Cycle Studies, Ilia State University,
Kakutsa Cholokashvile Ave 3/5, 0162 Tbilisi, Georgia
e-mail: tengiz.oniani.1(a)iliauni.edu.ge

Daniel Oppong Sarfo, BSc
KNF/Slaapwaak Clinic, SIVSG-Woerden, Polanerbaan 2, 3447 GN Woerden, The Netherlands
e-mail: d.oppongsarfo(a)yahoo.com

Alejandro Osorio, BSc, MSc
Lab of Neuroscience and Behavior, Universidad de los Andes, Cra. 1 Este N° 19A-40, 111711 Bogotá, Colombia
e-mail: a.osorio-forero10(a)uniandes.edu.co

Yuksel Peker, PhD, MD
Pulmonary Medicine, Marmara University, Faculty of Medicine, Pendik Education an
Research Hospital, Pendik, TR 34899 Istanbul, Turkey
e-mail: yuksel.peker(a)lungall.gu.se

Laura Perez Carbonell, MD
Universitat de Barcelona, Carrer de Casanova 143, 08036 Barcelona, Spain
e-mail: laurapcarbonell(a)gmail.com

Jelena Miodrag Petrovic, PhD
Neurobiology, Institute for Biological Research-Sinisa Stankovic, Despot Stefan Blvd.
142, 11060 Belgrade, Serbia
e-mail: jelena.petrovic(a)ibiss.bg.ac.rs

Andreea Mariela Petrovici, MD
CHU Charleroi, Rue de Gozee 706, 6110 Montigny-le-Tilleul, Belgium
e-mail: apetrovici78(a)yahoo.com

Rachel Pickersgill, BSc
Sleep Unit, Bristol Royal Infirmary, B301 King Edward Building, BS2 8HW Bristol,
United Kingdom
e-mail: rachel.pickersgill(a)uhbristol.nhs.uk
Ilde Pieroni, MSc  
Neurology & Center of Sleep Medicine, University of Florence & Villa Serena Hospital, Viale L. Petruzzi 42, 65123 Città S. Angelo (Pescara), Italy  
e-mail: ilde.pieroni@unifi.it

Anne-Lise Poirrier  
ENT, Université Hospital of Liege, Sart-Tilman B35, 40000 Liege, Belgium  
e-mail: alpoirrier@chu.ulg.ac.be

Laury Quaedackers  
Sleep Centre, Kempenhaeghe, Sterkselseweg 65, 5591 VE Heeze, The Netherlands  
e-mail: quaedackersl@kempenhaeghe.nl

Sylvianne Marcelle Raskin, PhD  
Orthodontics, Raskin ODF, Place Reine Astrid 19, 4600 Vise, Belgium  
e-mail: docteur@raskinodf.be

Ricardo Reis  
Centro de Medicina do Sono, Hospital CUF Porto, Estrada da Circunvalação 14341, 4100-180 P Porto, Portugal  
e-mail: ricardomcreis@gmail.com

Amber Roguski, BSc  
Department of Sleep Medicine, University of Edinburgh, 51 Little France Crescent, EH16 4SA Edinburgh, United Kingdom  
e-mail: agproguski@gmail.com

Bart Rombaut, MD  
Somnology / Pulmonary Medicine, ASZ AALST, Merestraat 80, 9300 Aalst, Belgium  
e-mail: bart.rombaut@gmail.com

Lillicia Roshchupkina, MSc  
Education and Psychology, Université Libre de Bruxelles, Avenue Franklin Roosevelt 50, 1050 Bruxelles, Belgium  
e-mail: roshchupkinalilicii@gmail.com

Silke Ryan, PhD, MD  
Department of Respiratory and Sleep Medicine, St. Vincent's University Hospital, Elm Park, 14 Dublin, Ireland  
e-mail: silke.ryan@ucd.ie

Saheer Sainalabdeen, MD  
Pulmonology, Dubai Health Authourity, International Modern Hospital, 121735 Dubai, United Arab Emirates  
e-mail: drssaeher@gmail.com

Jacqueline Susanne Sandoz, BSc  
Medicine, The Ottawa Hospital, 501 Smyth Road, K1H 8L6 Ottawa, Canada  
e-mail: jsandoz@toh.on.ca
Henry Schalk, BA
Neurophysiology, Ziekenhuis Gelderse Vallei, Willy Brandtlaan 10, 6716 RP Ede, The Netherlands
e-mail: schalkhc(a)gmail.com

Ingrid Scheepers
Center of Sleep Disorders, Amphia Ziekenhuis, Pasteurlaan 9, 4901 DH Oosterhout, The Netherlands
e-mail: ischeepers(a)amphia.nl

Dagmar Astrid Schmid
Klinik für Psychosomatik, Kantonsspital St. Gallen, Rorschacherstr. 95, 9007 St. Gallen, Switzerland
e-mail: dagmar.schmid(a)kssg.ch

Sarah Fiona Schoch, MSc
Department of Pulmonology, University Hospital of Zurich, Rämistr. 100, 8091 Zürich, Switzerland
e-mail: sarah.schoch(a)usz.ch

Pierre Scory, PhD
CHA, R. d’Houffalize 35, 6800 Libramont, Belgium
e-mail: pneumolux2(a)skynet.be

Helena Shang Meier, MD
Seeklinik Brunnen, Gersauerstraße 8, 6440 Brunnen, Switzerland
e-mail: helena.shang(a)gmx.ch

Valentina Simonova, Msc
Sechenov Institute of Evol. Physiol. Biochem. RAS, pr. Torez 44, 194223 Saint Petersburg, Russia
e-mail: v.simonova93(a)gmail.com

Nadine Stigter, MD
Pulmonology, St. Antonius Ziekenhuis, Soestwetering 1, 3543 AZ Utrecht, The Netherlands
e-mail: n.stigter(a)gmail.com

Melanie Strauss, PhD
Université libre de Bruxelles, CRCN, UR2NF, avenue franklin roosevelt 50 CP 191, 1050 Bruxelles, Belgium
e-mail: strauss.mel(a)gmail.com

Yves Tanghe, MD
Neurology, RZ J Yperman, Briekestraat 12, 8900 Ieper, Belgium
e-mail: yves.tanghe(a)skynet.be

Jayne Kathryn Trickett, BSc
Cerebra Centre for Neurodevelopmental Disorders, School of Psychology, University of Birmingham, Edgbaston, B15 2TT Birmingham, United Kingdom
e-mail: jxt292(a)bham.ac.uk
Irene Trippi  
Centro di Medicina del Sonno di Parma, Via Gramsci 14, 43126 Parma, Italy  
e-mail: irene.trippi(a)gmail.com

Sabrina Urso  
Pulmonology, CHU Godinne, av gaston Thérasse 1, 5530 Yvoire, Belgium  
e-mail: ursosabrina(a)yahoo.fr

Rafaela Vaca Molina  
Unitat del Sueño, Hospital Universitari Santa Maria, Avda. Rovira Roure 44, 25198 Lleida, Spain  
e-mail: rvaca(a)gss.scs.es

Alice Valli, BSc  
DIBINEM, University of Bologna, Piazza di Porta S.Donato, 2, 40126 Bologna, Italy  
e-mail: alice.valli4(a)unibo.it

Sandra van den Broecke  
Pulmonology, CHU Saint Pierre, 322 Rue Haute, 1000 Bruxelles, Belgium  
e-mail: broecke.s(a)gmail.com

Hilde Van den Nest, BA  
ASZ AALST, Merestraat 80, 9300 Aalst, Belgium  
e-mail: Hilde.vandennest(a)telenet.be

Marjolijn van der Schoot  
Ruwaard van Puttenweg, 3201 GZ Spijkenisse, The Netherlands  
e-mail: marjolijn_vn_der_schoot(a)hotmail.com

Merel M. van Gilst, PhD  
Electrical Engineering, Technical University eindhoven, Postbus 513, flux 7.104, 5600 MB Eindhoven, The Netherlands  
e-mail: m.m.v.gilst(a)tue.nl

Maarten van Hal, BSc  
Neurology, Ziekenhuis Rivierenland Tiel, Pres. Kennedylaan 1, 4002 WP Tiel, The Netherlands  
e-mail: maarten.vanhal(a)zrt.nl

Marjolein van Looij,  
Slotervaart Ziekenhuis, Louwesweg 6, 1066 EC Amsterdam, The Netherlands  
e-mail: mvanlooij(a)hotmail.com

Nguyen Van Thai  
Faculty of Odonto-Stomatolocgy, Hue University of Medicine and Pharmacy, Raatuse 22-236, 51009 Tartu, Estonia  
e-mail: thai.nguyen.van(a)ut.ee
Evelien Vancaester, MD  
Neurology, MD in Neurology, AZ Groeninge, President Kennedylaan 4, 8500 Kortrijk, Belgium  
e-mail: evelien.vancaester(a)gmail.com

Marleen Vieren, MD  
Neurology, OLV Hospital, Moorselbaan 164, 9300 Aalst, Belgium  
e-mail: marleen.vieren(a)olvz-aalst.be

Javier Vila Martín, PhD  
ENT, Hospital Vall d'Hebron, Paseo Vall D'Hebron, 08172 Sant Cugat del Vallés, Spain  
e-mail: 29477jvm(a)gmail.com

Catello Vollono  
Catholi University, Largo Gemelli 8, 00168 Rome, Italy  
e-mail: lvol(a)libero.it

Yishul Wei, MSc  
Netherlands Institute for Neuroscience, Meibergdreef 47, 1105 BA Amsterdam, The Netherlands  
e-mail: y.wei(a)nin.knaw.nl

David Whitehead, MD  
ENT, University Hospital Southampton NHS Foundation Tru, Tremona Road, SO16 6YD Southampton, United Kingdom  
e-mail: dejwhitehead(a)gmail.com

Tomasz Wojciech Wieczorek, MD  
Department and Clinic of Psychiatry, Wroclaw Medical University, Wybrzeze L. Pasteurea 1, 50-367 Wroclaw, Poland  
e-mail: dobrewieczorki(a)gmail.com

Milleke Wijk-Daals  
KNF, Ziekenhuis Rijnstate, Wagnerlaan 55, 6800 TA Arnhem, The Netherlands  
e-mail: MvanWijk(a)rijnstate.nl

Yan Zhao, PhD  
Inserm U1028-CNRS UMR 5292, 8 Avenue Rockefeller, 69373 Lyon, France  
e-mail: yan.zhao(a)univ-lyon1.fr
JOB OPPORTUNITIES

Job opportunities can be accessed through the ESRS website at:

www.esrs.eu/education-career/job-opportunities.html
EUROPEAN SLEEP RESEARCH SOCIETY
OFFICERS OF THE ESRS BOARD

President:
Prof. Dr. Walter McNicholas
Department of Respiratory and Sleep Medicine
St. Vincent’s University Hospital
Elm Park,
Dublin 4, Ireland
Phone: +353-1-2213702
Fax: +353-1-2213576
E-mail: walter.mcnicholas@ucd.ie

Vice-President Basic:
Dr. Pierre-Hervé Luppi
Team "Sleep"
UMR 5292 CNRS/U1028 INSERM
Université Lyon I
Faculté de Médecine Laënnec
7, Rue Guillaume Paradin
F-69372 Lyon, Cedex 08, France
Phone: +33 4 78 77 10 40
Fax: +33 4 78 77 10 22
E-mail: luppi@sommeil.univ.lyon1.fr

Vice-President Clinical:
Dr. Tiina Paunio
Dept. of Genetic Epidemiology
Haartmaninkan 3, Biolmedicum
FI - 00200 Helsinki, Finland
Phone: +358 50 3507936
E-mail: tiina.paunio@thl.fi

Secretary:
Dr. Lino Nobili
Centre of Sleep Medicine
Centre for Epilepsy Surgery
Department of Neuroscience
Niguarda Hospital
Piazza Ospedale Maggiore 3
Milan, Italy
Phone: +390264447323
Fax: +390264442868
E-mail: lino.nobili@gmail.com

Assistant Secretary:
Dr. Tom de Boer
Laboratory for Neurophysiology
Department of Molecular Cell Biology
Leiden University Medical Center
LUMC S-05-P
PO Box 9600
2300 RC Leiden, The Netherlands
Phone: +31+71 526 9771
E-mail: Tom.de_Boer@lumc.nl

Treasurer:
Dr. Hans-Peter Landolt
University of Zurich,
Institute of Pharmacology and Toxicology
Winterthurerstrasse 190
Ch-8057 Zurich, Switzerland
Phone: + 41 – 44 – 635 59 53
E-mail: landolt@pharma.uzh.ch

Member Co-opted from ANSS:
Prof. Dr. Johan Verbraecken
Antwerp University Hospital
Multidisciplinary Sleep Disorders Centre
B-2650 Edegem (Antwerp), Belgium
Phone: +32 3 821 38 00
Email: johan.verbraecken@uza.be

Advisory Members:

Past President:
Prof. Dr. Philippe Peigneux
Neuropsychology and Functional Neuroimaging
Research Unit
Université Libre de Bruxelles
Avenue F. D. Roosevelt 50
B-1050 Bruxelles, Belgium
Phone: +32 650 4581
Fax: +32-2 650 22 09
E-mail: Philippe.Peigneux@ulb.ac.be

Editor of the Journal of Sleep Research:
Prof. Dr. Dieter Riemann
Department of Psychiatry and Psychotherapy
University Freiburg
Hauptstrasse 5
D-79104 Freiburg, Germany
Phone: +49-761-270-6919
Fax: +49-761-270-6523
E-mail: dieter.riemann@uniklinik-freiburg.de
SCIENTIFIC COMMITTEE

Chair:
Raphaëlle Winsky-Sommerer
Guildford, United Kingdom

Members:
Dr. Gianluca Ficca
Napoli, Italy

Dr. Ludger Grote
Gothenburg, Sweden

Dr. Birgit Högl
Innsbruck, Austria

Dr. Reto Huber
Zurich, Switzerland

Dr. Poul Jennum
Glostrup, Denmark

Prof. Dr. Christoph Nissen
Freiburg, Germany

Dr. Gilles Vandewalle
Liège, Belgium

Dr. Giovanna Zoccoli
Bologna, Italy