NEWSLETTER

November 2011





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HOMEPAGE: www.esrs.eu



LETTER FROM THE PRESIDENT

Dear ESRS Members, dear Colleagues, dear Friends,

The ESRS board and committees have continued to be very active over the last months. The main activities included 1) the preparations of the 2012-2015 ESRS meetings; 2) further steps to professionalize our society with the creation of a central ESRS bureau; 3) the definition of strategy and organization of the ESRS for the next coming years (for this purpose a special retreat took place in Paris), 4) the enhancement of interactions with other sleep and professional societies (including the European Respiratory Society); 5) further efforts to promote education and certification in sleep medicine in Europe.

ESRS meetings

ESRS Meeting 2012 in Paris

The site of the meeting was moved from Versailles to Paris (CNIT La Défense) because of a special offer (reduced fees for rental) and significantly larger areas available for poster sessions and exhibition.

The ESRS Scientific Committee selected a total of 25 symposia out of a record submission of 75 proposals. A meeting between the ESRS board, members of the board of the French sleep society and of the local organizing committee and two representatives of the ESRS scientific committee took place in Paris in October 2011 in order to finalize the programme of the meeting.

The preliminary programme with the call for abstract and registration information will be available in mid December (http://www.congrex.ch/esrs2012).

ESRS-ERS Meeting 2013

The joint ESRS-ERS teaching and scientific event was a great success with almost 1000 attendees and a positive balance for the ESRS of over 60'000 EUR.

Both societies have decided to organize a similar event in Spring 2013. Date and site for this meeting will be communicated in the next Newsletter.

ESRS Meeting 2014 in Tallinn

A first meeting of a representative of the ESRS board with the board of the Estonian sleep society took place in July 2011. The presidents of the Nordic sleep societies were contacted to nominate their representatives to join the local organizing committee.

World Sleep (WSF) Meeting 2015 in Europe

During the last meeting of the World Federation of Sleep Research & Sleep Medicine Societies in Kyoto the ESRS board accepted the invitation to organize the 2015 meeting. The site and date of the meeting will be selected in the next few weeks. Philippe Peigneux will be the chair of the local organizing committee. Congrex will be the official organizer of the meeting.

ESRS Committees

The <u>ESRS Sleep Medicine Committee</u> (Chair: Thomas Penzel) has finalized a "catalogue of knowledge and skills" - the base for an ESRS Sleep Medicine training - which is currently evaluated by few experts and prepared for publication. An examination to obtain an ESRS sleep medicine (somnologist) certificate is planned for the Paris meeting in 2012.

A detailed report on the activities of this committee is to be found in this Newsletter.

The <u>ESRS Research Networking Committee</u> (Chair: Debra Skene) has created a database of European Sleep Research laboratories (http://www.esrs.eu/membership-services/european-sleep-research-laboratories.html) to promote scientific interactions. The ESRS will provide travel grants to 10 young researchers to visit these laboratories in 2012.

A detailed report on the activities of this committee is to be found in this Newsletter.

The <u>ESRS Scientific Committee</u> (Chair: Colin Espie) reviewed the numerous symposium submissions for Paris 2012 and contributed in finalizing the scientific programme of the meeting.

A detailed report on the activities of this committee is to be found in this Newsletter.

<u>The ESRS EU committee</u> (Chair: Roberto Amici) has succeeded in organizing a meeting with the European commissioner for health and consumer policy in Brussels (December 2011).

A detailed report on the activities of this committee is to be found in this Newsletter.

Journal of Sleep Research (JSR, Editor in Chief: Derk-Jan Dijk)

Submission and acceptance rate remain constant, whereas the time for final decision has been reduced to 36 days. JSR will go "paperless" by January 2012 and the number of issues will be increased from four to six per year.

A detailed report on JSR is to be found in this Newsletter

National Sleep Societies / Assembly of the National Sleep Societies (ANSS, Chair: Ludger Grote)

A detailed report on the activities of the ANSS is to be found in this Newsletter.

The presidents of the National Sleep Societies will be invited to a meeting with the ESRS board and to the President's dinner in Paris 2012.

I am happy and proud to announce that during the last meeting of the World Federation of Sleep Research & Sleep Medicine Societies (WSF) in Kyoto (October 2011) Derk-Jan Dijk and Philippe Peigneux were elected vice-president and local organizing committee chair of the WSF, respectively.

With my best season's greeting

Claudio Bassetti ESRS President

C. Barnets



REPORTS OF THE ESRS COMMITTEES

ESRS Research Networking Committee (RNC)

Members:

Coordinator, D.J. Skene; vice-coordinator, P. Levy; members, R. Amici, S. Archer, C. Espie, L. Nobili, P. Peigneux, D. Riemann

The aims of the Research Networking Committee (RNC) are: i) to support sleep research and sleep teaching networks in Europe, by identifying sleep research laboratories and teaching centres in Europe; and ii) to establish new criteria for the assignment of ESRS research and travel grants.

A web database of European Sleep Research Laboratories has been established (see www.esrs.eu/membership-services/european-sleep-research-laboratories.html). All ESRS members with a Laboratory based in Europe and a record in sleep research (2-3 referred publications in sleep research and/or grant in last 5 years) are encouraged to apply and register their Laboratory. For help in submitting your Laboratory details, please go to

www.esrs.eu/fileadmin/user_upload/Labs/Laboratory_Submission_Guide.pdf

Establishment of this database will help to promote sleep research collaboration and networking across Europe. This information will also be important for the planned ESRS meetings with the EU Commissioner for Health and Consumer Policy (see EU Committee report).

In addition, the database will be used to select and accredit Sleep Research Laboratories as training and teaching centres. To this end ten ESRS Travel Grants for young researchers (www.esrs.eu/education-career/grants-awards/esrs-travel-grants-for-young-researchers.html) to visit Sleep Research Laboratories in Europe in 2012 are available (see Newsletter for eligibility; deadline for applications 31st December, 2011). Applicants will be asked to identify a suitable training laboratory from the current ESRS Sleep Research Laboratory database. Thus ESRS members, who are part of an active Sleep Research Laboratory, are encouraged to submit their details onto the ESRS website as soon as possible to be part of this training opportunity.

D.J. Skene

ESRS Scientific Committee

The main task of the Scientific Committee in the last number of weeks has been reviewing the symposium submissions for ESRS 2012. The Scientific Committee was delighted to receive 75 submissions, representing a wealth of expertise and enthusiasm for the Paris meeting. Of course, there was a lot of work involved in reviewing these. It may be helpful just to explain the process.

The submitted material was reviewed and scored, entirely independently, by 11 people - the Scientific Committee members and some representatives from the ESRS Board. These data were compiled centrally by Congrex into a table of mean scores, and these were placed in rank order from highest to lowest scores. The review group then had a teleconference, during which symposium selections were made. The guiding and dominant principle here was the actual scoring/ranking of the symposium. We also wished to ensure that there would not be undue duplication in symposium theme, content or speakers, and that the breadth of the scientific and sleep medicine interests of the ESRS were represented in the final selection. I am pleased to report that all this we were able to do with unanimity, and I believe we will have an excellent symposium programme for ESRS 2012. Unfortunately of course, there were over 50 high quality symposia that could not be included in the final list. I very much hope that this is an encouragement, and not a discouragement, to the Society, reflecting as it does the growth and enthusiasm of the field.

Please support the Congress also in your free submissions for papers and posters. A detailed timeline of that will also be published in the newsletter.

Colin A. Espie

ESRS Sleep Medicine Committee (SMC)

The Sleep Medicine Committee has held two productive meetings in Frankfurt this year. The responsibilities and duties of the committee are defined and are presented at the ESRS website as the scope of the committee. The "Standards of procedures" publication compiled by Dirk Pevernagie has been accepted for publication by the Journal of Sleep Research and will be published soon. The "Catalogue of knowledge and skills" publication will be finalized soon and submitted for publication thereafter. In order to validate the catalogue of knowledge and skills a survey had been sent to some selected sleep specialists in Europe and the results of this will be included in this publication. For this activity the tremendous help by Congrex is acknowledged.

An examination for physicians to achieve a European "Somnologist" certificate is planned for the next ESRS congress in Paris on 4 September 2012 at 17:00. This examination will be open for "Grandfathers" and "Grandmothers" of sleep medicine and will consist of a written multiple choice test. The same will apply for psychologists and other scientists involved in sleep medicine. If we receive too many applications this time we will provide a second date for "grandfathers". Regular applications will be considered at the next examination, which will take place at one of the forthcoming conferences with ESRS participation. The questions will be reviewed by a small subgroup with participants from the SMC and external sleep medicine experts.

This certification is currently aligned with the European Respiratory Society (ERS) HERMES program for respiratory sleep medicine in order to coordinate the corresponding modules. Certification of sleep technicians must be clarified together with existing associations of sleep technicians in Europe, such as the ESST, before processing this further. Examination details are announced in full detail in this newsletter and on the ESRS website.

Accreditation of sleep centres in Europe is the next issue of the SMC and will be addressed during the next year.

Thomas Penzel

ESRS EU Committee

Report on the activities of the EU Committee in 2011

Members:

Roberto Amici (Chair), Diego Garcia Borreguero (Co-Chair), Marta Gonçalves, Damien Leger, Dieter Riemann, John Shneerson.

Following the suggestion of the Committee, Roberto Amici and Diego Garcia Borreguero were appointed by the Board as Chair and Co-Chair, respectively, of the Committee, on May 2011. The two new Chairs took over from Tarja Porkka Heiskanen and Dieter Riemann, who made a fundamental contribution to the establishment and the running of the Committee.

The main aims of the Committee are: i) to bring the topics of "sleep" and "sleep disorders" to the attention of the EU in order to receive support for research and teaching activities; ii) to promote sleep-related issues from a political point of view at European and National level. The success of the 4-year ESRS-EU Marie Curie Project "Training on Sleep Research and Sleep Medicine" has shown the importance of sleep training in Europe, but, unfortunately, funding for this kind of activity is no longer, at present, available in the EU. The situation is even more difficult for sleep research, since no specific calls for sleep-related topics have been published until now within the FP7 framework.

In these few months, the main achievement of the EU Committee has been the finalization, mainly thanks to the valuable activity of Marta Gonçalves, of an ESRS delegation meeting with the European Commissioner for Health and Consumer Policy, Mr. John Dalli, that will take place on December 15th at the Headquarter of the EU Commission in Brussels. The President of the ESRS and members of the EU Committee will appeal to the Commissioner regarding the need and the urgency for EU investment in the fields of sleep research and medicine and sleep education. To this aim, a position paper has been written by the EU Committee, outlining the importance to public health of awareness regarding these topics. This paper has already been sent to Mr. Dalli, in order to prepare for the meeting, and will also be distributed to members of the European Parliament. The next step will be a so-called "white paper", an official proposal by EU officers to the EU parliament/commission, written in close collaboration with the ANSS.

Finally, we would like to ask every member of the ESRS, after having consulted the Committee, to contact any National or EU politicians they may know, either directly or indirectly, in order to achieve support in the promotion and development of our activities.

Roberto Amici



REPORT OF THE ASSEMBLY OF NATIONAL SLEEP SOCIETIES (ANSS)

The members of the Executive Committee (EC) met twice during national sleep meetings in Norderney, Germany, (May 30 - 31) as well as in Timisoara (Rumania) (June 10 -1 2).

Recent and future activities

The ANSS and the Sleep Medicine Committee will continue to have a close communication in order to support the implementation of ESRS based activities in the National Sleep Societies. Ludger Grote and Zoran Dogas participated in the activities of the Sleep Medicine Committee. In addition, a number of activities relevant to the National Sleep Societies are under progress: Presentation of National Sleep Societies in the Journal of Sleep Research, presentation of National Sleep Societies in the ESRS 40th Anniversary Book, update on "Sleep and driving regulations in Europe". The EC will soon start to update the information on the ESRS webpage which is related to the ANSS and the National Sleep Societies. Further, the EC continuously aims to support education, certification, and accreditation on the level of the National Sleep Societies.

Ludger Grote, Chair On behalf of the Executive Committee, Assembly of National Sleep Societies



A CLOSER LOOK AT THE JOURNAL OF SLEEP RESEARCH

Dear ESRS Members.

At the WorldSleep2011 conference in Kyoto we had a successful *Journal of Sleep Research* Editorial Board Meeting as well as a successful event organized by Wiley-Blackwell to promote publishing. During both events we had a closer look at the submission profile as well as the publication profile of JSR. For the periods of 1 January 2010 through 31 August 2010 and 1 September 2010 through 31 August 2011, all submissions to JSR were classified in the categories 'sleep medicine', 'human basic', and 'animal research'. Most papers were classified as 'sleep medicine', followed closely by 'human basic' with 'animal research' at a distanced third (see Fig 1).

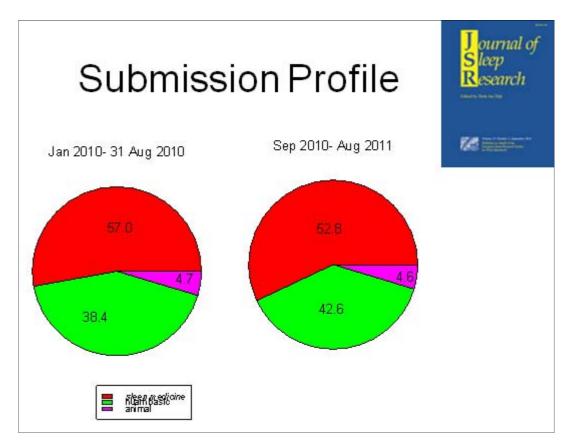


Figure 1

When we look at the publication profile, i.e. papers published in 2011 either online or in the printed issues, we see that this profile closely matches the submission profile (see Fig 2).

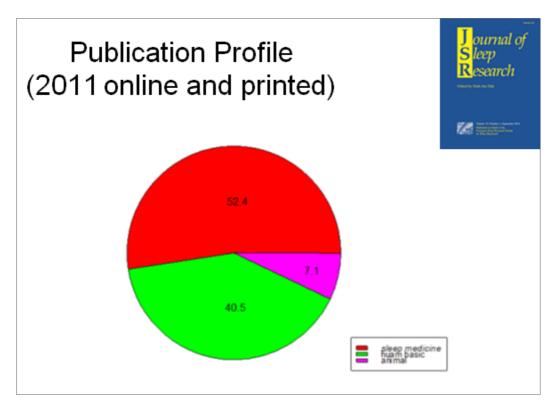


Figure 2

In other words, our review process does not seem to give preference to any of the categories. This is reassuring and shows that the Journal provides an opportunity to publish in all areas of sleep research. We also reviewed the submission statistics and the acceptance rate and we are happy to report that the submission rate and the acceptance rate remain fairly constant. The time between submission and final decision is on average only 36 days. At the same time the impact factor of JSR remains at a respectable 3.361.

As you know, as of the beginning of 2012 we will publish 6 issues per year and online-only. This will help us to improve the acceptance rate and reduce the interval between submission and publication. We hope that you will continue to submit your best works to the Journal. Please submit all your figures in colour. We will only publish colour figures and they will of course be free of charge.

Best regards,

Derk-Jan Dijk Editor in Chief, Journal of Sleep Research



ESRS SLEEP RESEARCH LABORATORIES DATABASE AND TRAVEL GRANTS

Dear ESRS Members,

For 2012 it has been agreed to award ten ESRS Travel Grants for young researchers to visit Sleep Research Laboratories in Europe (deadline for applications is 31st December, 2011). As part of this initiative, applicants will be asked to identify a suitable training laboratory from the current ESRS Sleep Research Laboratories database (see www.esrs.eu/membership-services/european-sleep-research-laboratories.html). Thus ESRS members, who are part of an active Sleep Research Laboratory, are encouraged to submit their details onto the ESRS website as soon as possible to be part of this training opportunity.

Please note that laboratories having been part of a previous similar initiative need to submit their details on this novel interface, as we cannot transfer the past list and are willing to present up to date information for visitors and candidates.

For help in submitting your Laboratory details, please go to www.esrs.eu/fileadmin/user_upload/Labs/Laboratory_Submission_Guide.pdf .

We are looking forward for your submissions!

Philippe Peigneux ESRS Secretary



ESRS NETWORK OF SLEEP RESEARCH LABORATORIES: CALL FOR TRAVEL GRANT APPLICATIONS

Dear ESRS Members,

The ESRS Board has established a fund to support travel and living expenses for young sleep researchers within Europe (www.esrs.eu/education-career/grants-awards/esrs-travel-grants-for-young-researchers.html). For 2012, a maximum of ten projects will be financed and the deadline for applications is **31st December**, **2011**.

ESRS Network of Sleep Research Laboratories

General principles:

- to promote travel of young researchers or advanced students in order to learn a specific technique or methodology in an experienced laboratory belonging to the ESRS Network of Sleep Research Laboratories (see ESRS website for list of Sleep Research Laboratories www.esrs.eu/membership-services/european-sleep-research-laboratories.html);
- 2. training can be undertaken in any aspect of sleep research;
- 3. support will be provided to travel from the home laboratory to any laboratory of the network; the most economical mode of travel should be chosen;
- 4. ESRS will provide a contribution of no more than 100 EUR/day to finance the living-expenses during the stay for the first two weeks, although the duration of the stay may exceed 2 weeks. The receiving laboratory is expected to finance the living-expenses during the stay, at least partially, if it exceeds the size of the ESRS contribution:
- 5. a maximum of ten grants per year will be financed;
- 6. the ESRS will support only trips within Europe; priority will be given to young scientists or clinicians (less than 35 years old) with a certified registration within a Ph.D. program, who are ESRS members.

Application:

- 1. deadline: **31st December** for the next year;
- 2. the application (consisting of a short curriculum of the applicant's age, affiliation, position, publication list and congress participation project to be developed during the stay, letter of acceptance of receiving laboratory, certification of enrolment in a Ph.D. program and dates of the visit) should be sent to the ESRS Secretary (secretary@esrs.eu);
- 3. unless the number of applications exceeds that of the grants available the ESRS Secretary and the Treasurer will review the application; otherwise the ESRS Research Networking Committee will rank the grant applications;

4. a list of Sleep Research Laboratories in Europe available to host young scientists is available on the ESRS website (www.esrs.eu/membership-services/european-sleep-research-laboratories.html).

With best regards,

Debra Skene Chair of the ESRS Research Networking Committee



ESRS 40th ANNIVERSARY BOOK: CALL FOR PICTURES

Dear ESRS Members and Society Friends,

As some of you have realized, 2012 is a particular event in the life of the ESRS since we will celebrate the 40th anniversary of the society at our Paris meeting! This is a long way from the initial creation of ESRS by a small group of sleep enthusiasts, and we have decided amongst other actions to celebrate the longevity and the evolution of the society by editing an Anniversary book in which a large place will be devoted to illustrations, and especially pictures of all those who have contributed and still contribute to make ESRS your favourite society. As it will not be possible to include all the nice pictures that we have in mind in a book, we have also decided that a special section of the ESRS website will be devoted to this anniversary, in which we will publish all the related picture material in a permanent web gallery.

Your contribution is essential to make this book and web gallery real successes, and this is why we invite you to contribute by sending us your best selection of pictures to illustrate these past 40 years of ESRS.

To do so, there is now the possibility for you to upload your pictures on the ESRS website at the following address: www.esrs.eu/upload pictures.html. You can either upload one picture at a time or a compressed folder archive. In any case, please provide us with accompanying information allowing us to identify the persons and the circumstances (e.g. Lisbon 2004 meeting, special symposium ...). If you have outstanding material which is not in digital format and have no possibility to make it scanned, please contact the ESRS secretary and we will search for a solution with you.

Many thanks in advance for your contributions!

Philippe Peigneux ESRS - <u>secretary@esrs.eu</u>



ANNOUNCEMENT OF THE FIRST ESRS EXAMINATION IN SLEEP MEDICINE: CALL FOR 2012 CANDIDATES

In recent years, sleep medicine has evolved into a full-grown discipline, featuring a multidisciplinary approach to diagnosis and treatment of patients with sleep disorders. Following this development a clear desire has emerged to introduce certification for those professionals whose main occupation is to practice sleep medicine. The certification will confirm successful education and training in the theory, practice and technical skills in the area of sleep medicine.

The European Sleep Research Society (ESRS) Board is pleased to announce the first examination of the certification in sleep medicine, which will take place on

Tuesday, 4 September 2012 from 17.00 - 18.15

at the 21st Congress of the European Sleep Research Society in Paris.

The examination will be a written test consisting of 50 multiple-choice questions to be completed on site. Since to date no formal training in an ESRS accredited sleep medicine centre is possible, the first examination will be directed exclusively at "grandfathers". "Grandfathering" is a procedure, which applies to professionals with wide experience in sleep medicine and research. It is envisioned by the ESRS that the "grandfathers" in this context may take the lead in future European and National activities to promote sleep medicine professionals.

Doctors, Physicians and Psychologists that wish to take the examination should normally have completed:

- University degree in medicine, sciences or psychology (please enclose copy of degree)
- PhD or equivalent (please enclose copy)
- Activity in sleep medicine and/or research for at least 10 years proven by records (please enclose a CV containing a detailed synopses of activity)
- Demonstrated leadership and national/international recognition in sleep medicine

In addition applicants should:

- Provide names and contact details of 2 referees, preferably from another European country
- Be a current ESRS member
- Pay the examination fee

Other candidates that feel they may fulfil the eligibility criteria are welcome to submit an application.

The examination fee is €250.- (included is a non-refundable €30.- administration fee, payable at submission of application).

The successful candidates will be conferred the ESRS qualification title of "Somnologist" (information about further title specifications will follow).

Please submit your application before 31 March 2012 via the ESRS website. Application will open on 2 January 2012.

You will be notified about acceptance of your application by 31 May 2012.



SCIENCE PRIZE OF THE FOUNDATION NRJ 2012: CALL FOR APPLICATIONS



Applications

La Fondation NRJ was created in May 1999, under the aegis of the Institut de France, in order to promote medical research, particularly in neurosciences.

Each year, the Fondation will award a prize of 100,000 euros to honor and encourage scientific work within the framework of its objectives. The Prize will be attributed to an **European** individual or a group of individuals working in a public or private institution.

It will be awarded in 2012 under the following conditions:

The theme for 2012 is: "Sleep disorders: pathology and physiopathology" Deadline for receipt of dossiers: December 13, 2011

Constitution of application dossiers:

- 1 CV of the director of the research group
- 2 CV of all members of the research group
- 3 Summary of scientific accomplishments (maximum three pages)
- 4 List of publications of the last five years
- 5 Reprints of the three most important publications
- 6 Research project of the group for the next three-year period (max five pages)
- 7 Supporting letters from outside Institutions (1 or 2)
- 8 Prizes previously received by the Principal Investigator will be mentioned.

Ten copies of the applications should be sent by December 13, 2011, to:

Institut de France Fondation NRJ 23, quai de Conti 75270 PARIS cedex 06

For all further information, please contact the Foundation Office Tel.: 01 44 41 43 35

E-mail: <u>vallette.viallard@institut-de-france.fr</u> www.actualites.institut-de-france.fr

Any application received after December 13, 2011 will not be considered.



ESRS EVENTS

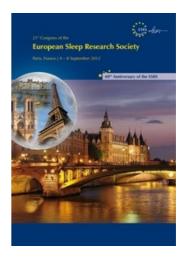
21st Congress of the European Sleep Research Society

Date: September 4 - 8, 2012

Venue: Paris, France

Website: www.congrex.ch/esrs2012

The Preliminary Programme including scientific programme, call for abstract, registration, travel and hotel information will be available at the <u>ESRS 2012 website</u> in mid December. ESRS members will receive an email notification.





TRAINING & COURSES

Physician Work Hours, Health & Patient Safety

Date: February 20 - 24, 2012

Venue: Grand Cayman, Cayman Islands

Website: <u>cme.hms.harvard.edu/courses/workhours</u>

Registration: ESRS members may obtain the discount by opting for the Reduced

Course fee. They should indicate that they are a member of ESRS in the free text field of the on-line registration, which is labeled: "Please let us know if there are specific topics or issues you wish this course to

address."

Course Directors: Charles A. Czeisler, PhD, MD, FRCP and Laura K. Barger, PhD; Division of Sleep Medicine, Harvard Medical School; and Division of Sleep Medicine, Department of Medicine, Brigham and Women's Hospital, Boston, MA 02115 USA.

This course is designed to address the needs of practicing health care professionals, postgraduate medical education program directors, department chairs, academic medical centre administrators, hospital administrators and risk managers in healthcare institutions involved in designing round-the-clock work schedules and implementing effective fatigue risk management programs for health care delivery systems.

The course will consist of an intensive series of lectures and workshops over a fourday interval interspersed with hands-on interactive training in the use of software modelling tools that will enable participants to evaluate the impact of work-schedule design on performance and patient safety.

Online course registration is available at: http://cme.hms.harvard.edu/courses/workhours

nttp://cme.nms.narvard.edu/codrses/worknours

Course venue/hotel information is available at: www.starwoodmeeting.com/Book/harvardcayman

Accreditation

The Harvard Medical School is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Harvard Medical School designates this live activity for a maximum of 28.0 *AMA PRA Category 1 Credits*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Massachusetts and Pennsylvania Course Attendees Only: This activity meets the criteria for 9 hours of Risk Management credit(s) in Massachusetts. Risk management credit(s) were determined based on criteria outlined by the Massachusetts Board of Registration in Medicine. Please check with your individual

state licensing board requirements before claiming risk management credit(s). This course would meet the requirements of the State of Pennsylvania Board of Medicine for specific CME credits in the area of patient safety and/or risk management.

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

Should participants in the *Royal Australasian College of Physicians MyCPD* Program wish to claim credits for attending this Continuing Professional Development course, they would claim them under Category 2: Group Learning Activities at 1 credit per hour.

EDINBURGH SLEEP MEDICINE COURSE

Date: March 26 - 30, 2012

Venue: Edinburgh, Scotland, United Kingdom Website: www.sleep.scot.nhs.uk/education.html

Now entering its seventh year, this annual course aims to provide up-to-date information on the theory and practice of sleep medicine including practical experience in the technological aspects of measuring and monitoring sleep. The course is aimed at all professionals involved in the diagnosis and treatment of sleep disorders. This course is open to applicants from all countries. Competence in understanding spoken English is required.



FUTURE MEETINGS

2012 GRC Pineal Cell Biology: Links to Circadian Clocks, Sleep and Metabolism

Date: January 29 – February 3, 2012 Venue: Galveston, Texas, U.S.A.

Website: www.grc.org/programs.aspx?year=2012&program=pineal

Subtitled **Links to circadian clocks, sleep and metabolism**, the 2012 GRC will focus on the very recent advances in understanding the underlying mechanisms and networks linking these functions as well as the interaction between metabolic disorders, sleep and circadian disturbances in health and disease. Leading experts in circadian timing, sleep processing and metabolism have been invited to promote a unique cross-fertilisation of ideas, "out-of-the box" thinking and new networking opportunities for attendees.

Please find full details of the programme (speakers, titles) on the GRC website: www.grc.org/programs.aspx?year=2012&program=pineal.

The Conference will also provide opportunities for attendees to present their work in poster format. Some Hot Topic sessions have also been scheduled to capture late-breaking data. Registration is now open and attendees are encouraged to register early as the number of participants is limited.

Please subscribe to the RSS feed on the GRC website to be automatically notified of any updates.

I look forward to seeing you at the GRC in Galveston.

Debra J. Skene Chair, 2012 GRC Pineal Cell Biology



APPLICANTS FOR MEMBERSHIP

Robert Göder, PD Dr.

University Clinic Schleswig-Hostein, Kiel, Germany

Sponsor: D. Riemann

Hiroshi Kadotani, PhD, MD

Kyoto University Graduate School of Medicine, Kyoto, Japan

Sponsor: C. Bassetti

Naveen Kashyap, PhD

IIT Guwahati, Guwahati, India Sponsor: H. Danker-Hopfe

Nathaniel Stuart Marshall

Woolcock Institute, University of Sydney, Sydney, Australia

Sponsor: DJ Dijk

Vera Nezgovorova

Paris 11 University, Orly, France

Sponsor: V. Kovalzon

Danny Karl Soosuu, MA

Eesti Unemeditsiini Selts, Võru, Estonia

Sponsor: T. Hion

Erwan Stéphan-Blanchard, PhD

Université de Picardie Jules Verne, Amiens, France

Sponsor: V. Bach

Bogdan Voinescu, MSc, PhD, MD

Babes-Bolyai University, Cluj-Napoca, Romania

Sponsor: D. Skene



NEW MEMBERS

The Society welcomes the following new members:

Khalid Hasan Al Musailhi, MD

Pulmonary and Sleep, University Hospital, Riyadh college of Medinie, King Khalid Hospital, Riyadh, Saudi Arabia e-mail: kalmusailhi(a)yahoo.com

Maria Alessandria, MD

Dept. of Neurological Sciences, University of Bologna, Via Ugo Foscolo, 7, 40123 Bologna, Italy

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Karla Allebrandt, Dr.rer.nat.

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Maria-Luz Alonso-Alvarez

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JOB OPPORTUNITIES

Position in Clinical Sleep Research, University Hospital (Inselspital), Bern, Switzerland

The University Hospital (Inselspital) in Bern, Switzerland, offers from February 2012 a position in clinical sleep research. Our team currently investigates the short term and long term cardiovascular impact of sleep disordered breathing in patients with transient ischemic attacks and acute ischemic stroke. This research is conducted together with the teams of pulmonology (Prof. M. Gugger) and stroke (Prof. H. Mattle) and takes place in the context of a multicentric, international study supported by the Swiss National Science Foundation and the Swiss Heart Association.

Applicants with at least one year of clinical experience in clinical neurology and one year of internal medicine and a strong interest in neurological/sleep research will be considered.

Candidates should send their CV as well as the names and contact information of references to Prof. C. L. Bassetti (<u>claudio.bassetti@eoc.ch</u>), the future director of the Neurology Department and head of the multidisciplinary sleep-wake centre.

Postdoctoral Position in Experimental Sleep Research, University Hospital (Inselspital), Bern, Switzerland

The University Hospital (Inselspital) in Bern, Switzerland, offers from February 2012 a postdoctoral position in experimental sleep research. Our newly founded team investigates the role of sleep on functional recovery after focal brain damage and the involved neuroplasticity processes. We study in a rodent model of stroke the evolution of motor, cognitive and sleep-wake functions, as well as molecular pathways including the expression of neuroplasticity-related genes.

Applicants with a strong record in rodent sleep and/or molecular neurobiology will be considered. Experience in histological methods is also desirable. Successful applicants will be provided with start-up competitive funding upon joining the laboratory. The acquirement of own fundings is expected to occur within the first 2 years after appointment.

Candidates should send their CV (including list of publications and a brief one-paragraph description of their previous work) as well as the names and contact information of references to Prof. C. L. Bassetti (claudio.bassetti@eoc.ch), the future director of the Neurology Department and head of the multidisciplinary sleep-wake centre.

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