



TURKISH SLEEP MEDICINE SOCIETY

Turkish Sleep Medicine Society

Hikmet FIRAT

Treasurer

(Next President Elected)



TURKISH SLEEP MEDICINE SOCIETY

- **Established in 1992**

Member of;

- World Association of Sleep Medicine (WASM)
- European Sleep Research Society (ESRS)
- Asian Sleep Research Society (ASRS)

- Education, certification and accreditation procedures within the parallel of ESRS.

- Total number of members: 1293

Types of membership:

- Main members (808) (<Half of them are active member=pay MF)
 - physicians
 - vote
 - membership fee
- Associate members (485)
 - non-physician professionals at sleep medicine (technicians, etc)
 - Technicians have their self-determined group.
 - no vote
 - no membership fee
- Honorary members (4)

Members

- 339 Neurologists
- 271 Pulmonologists
- 110 ENT specialists
- 48 Psychiatrists
- 10 Family physicians
- 7 Physiologists
- 10 Pediatric neurologists
- 3 Anesthesists
- 2 Internal medicine specialists
- 2 Cardiologists
- 2 Physical rehabilitation specialist
- 1 General practitioners
- 1 Pathologist
- 1 Occupational health specialist
- 1 Ophthalmologist

- 454 Sleep technologists/technicians
- 8 Psychologists
- 11 Biomedical engineers
- 3 Dentists
- 3 Physiotherapists
- 3 Nurses
- 1 Health services specialist
- 1 Biophysics specialist
- 1 Audiometrist

Working Groups

- Sleep Technologists and technicians

Established in 2008.

- Basic Sleep Sciences
- Sleep Research
- Occupational Sleep Medicine
- Pediatric Sleep Medicine
- Sleep Medicine Surgery

TSMS Certification

- TSMS Board of Sleep Medicine was established in 2010 to organize educational programs for sleep medicine and certification, and continuing its tasks in collaboration with the Directory Board of TSMS.
- Must be completed residency in one of the medical fields (mainly neurology, pulmonology, psychiatry, ENT)
- Program consists of:
 - Theoretical education (5 days)
 - Practical education (6 months)
 - Board examination
- Given in 35 centers (universities and educational & research hospitals)
- 280 specialists were certificated since 1998

Accreditation of Sleep Medicine Centers

- ESRS accreditation criteria
- 35 Sleep Centers have been accredited since 2000
- Re-accreditation procedure per 5 years
(18 Sleep Centers were re-accredited)

Last Year Major Activity (Joint Meeting)

Worldsleep2015

Joint Meeting of the 7th World Congress of the
World Sleep Federation and Turkish Sleep Medicine Society

31st October – 03rd November 2015

Istanbul Lütfi Kırdar ICEC / Istanbul-Turkey

Sleep & Health

Hosted by



www.tutd.org.tr



1. Duyuru

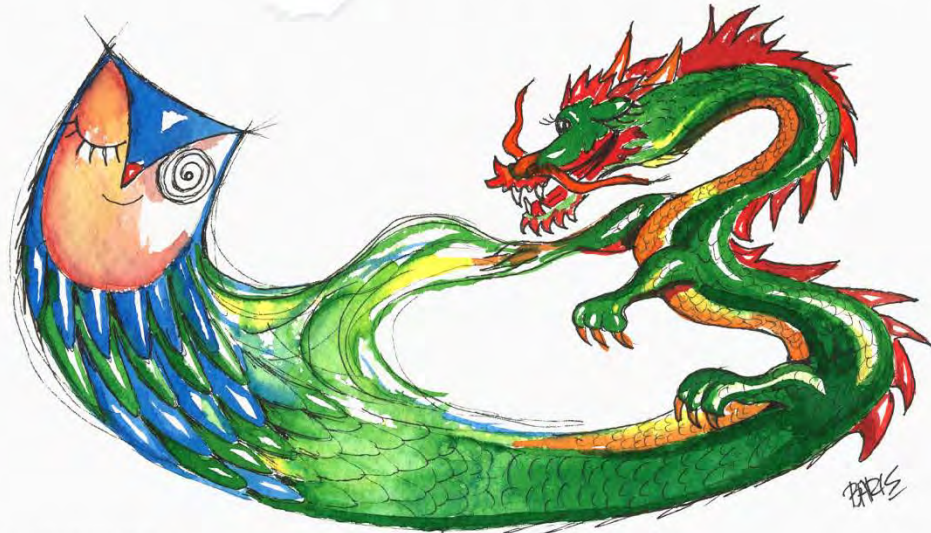
www.tutd.org.tr

ASRS2016

" Sleep in Asia "

"Asian Forum on
Chronobiology
in 2016 will be
held during
the congress"

01st - 05th October 2016
Maritim Pine Beach Hotel, Antalya / TURKEY



ASRS LOCAL ORGANIZATION
TURKISH SLEEP MEDICINE SOCIETY
Naci Çakar Mh. 760 Sk. Esenkent Sitesi D Apt.
No: 25 D: 17 Çankaya - Ankara / TURKEY
Phone: +90 530 409 82 60
Fax: +90 312 480 89 58
E-mail: iletisim@tutd.org.tr

ORGANIZATION SECRETARIAT
burkon
TARİHİ & SİYASİ
Çekirge Cd. No:51/C Çekirge - Bursa / TURKEY
Phone: +90 224 444 9 443
Fax: +90 224 233 80 00
E-mail: kongre@burkon.com

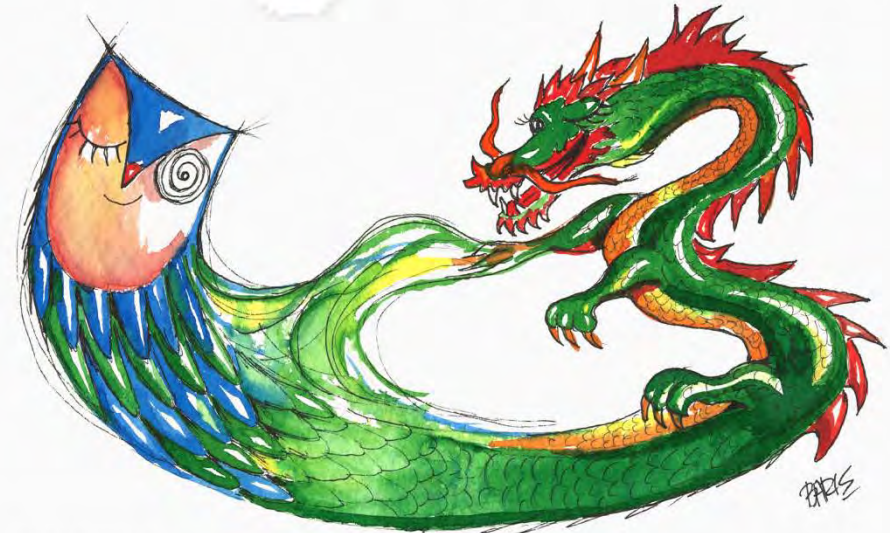
www.asrs2016.org

ASRS2016

" Sleep in Asia "

"Asian Forum on
Chronobiology
in 2016 will be
held during
the congress"

01st - 05th October 2016
Maritim Pine Beach Hotel, Antalya / TURKEY



ASRS LOCAL ORGANIZATION
TURKISH SLEEP MEDICINE SOCIETY
Naci Çakar Mh. 760 Sk. Esenkent Sitesi D Apt.
No: 25 D: 17 Çankaya - Ankara / TURKEY
Phone: +90 530 409 82 60
Fax: +90 312 480 89 58
E-mail: iletisim@tutd.org.tr

ORGANIZATION SECRETARIAT
burkon
TARİHİ & SİYASİ
Çekirge Cd. No:51/C Çekirge - Bursa / TURKEY
Phone: +90 224 444 9 443
Fax: +90 224 233 80 00
E-mail: kongre@burkon.com

www.asrs2016.org



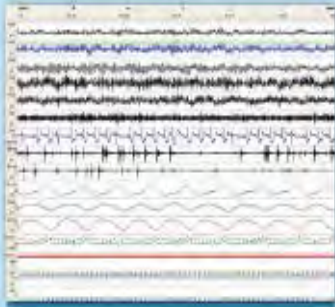
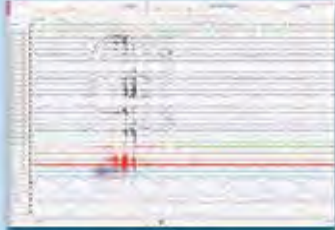
JOURNAL OF TURKISH SLEEP MEDICINE

Official Publication of the Turkish Sleep
Medicine Society

JTSM

ISSN 2148-1934

Cilt / Volume: 2 | Sayı / Issue: 2 | Haziran / June



Derleme / Review

Obstrüktif Uyku Apnesinde KGM Hücrelerin Rolü
Ceyda Emel Karagözü Demir, İstanbul, Türkiye

Özgün Makaleler / Original Articles

Richard-Campbell Uyku Ölçeği Geçerlilik ve Güvenilirlik
Çalışması
Zeynep Karaman Özü ve ark.; Erzurum, Türkiye

Is Hepcidin a Good Marker for Inflammation in Obstructive
Sleep Apnea Patients?
Hicmet Fındık et al.; İstanbul, Giresun, Ankara, Kart. Turkey, PA, USA

Obstrüktif Uyku Apneli Hastalarda Otonomik Fonksiyonun
Değerlendirilmesi
Bengü İrtan ve ark.; Eskişehir, Türkiye

Olgu Sunumları / Case Reports

Uykuda Diğ. Giordatma Tedaviye Dirençli İse...
Gülşen Benbir Şenal ve ark.; İstanbul, Türkiye

Ağrı Fragmanter Miyoklonus: Olgu Sunumu
Gülşen Benbir Şenal ve ark.; İstanbul, Türkiye



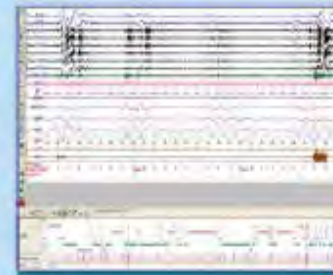
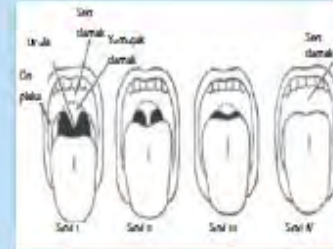
JOURNAL OF TURKISH SLEEP MEDICINE

Official Publication of the Turkish Sleep
Medicine Society

JTSM

ISSN 2148-1934

Cilt / Volume: 2 | Sayı / Issue: 3 | Eylül / September



Derleme / Review

Obstrüktif Uyku Apne Sendromunda Preoperatif Değerlendirme
Oya İsl, İzmir, Türkiye

Özgün Makaleler / Original Articles

Transcutaneous Carbon Dioxide Monitoring in Patients with
Obstructive Sleep Apnea
Ayşe Coşkun Bayar et al.; İzmir, Turkey

Kronik Obstrüktif Akciğer Hastalığı Evrelerine Göre Uyku
Yakınmaları
Melike Battem ve ark.; Uşak, İzmir, Manisa, Türkiye

Obstrüktif Uyku Apne Sendromunda Sistemik Hastalıklar
Adem Yılmaz, Aydın Çelebi; Adana, Ankara, Türkiye

Olgu Sunumları / Case Reports

Obstrüktif Uyku Apne Sendromu ve İriine
Furkan Sarıoğuz ve ark.; Bursa, Türkiye

İkinci Narkolepside Olgular
Yutul Sarıoğuz ve ark.; Bursa, Türkiye

ONCE UPON A TIME

PORTO – 2008?



Valencia - 2009



Antalya /
Turkey 2010

Hope to see you all in İstanbul/Turkey

Thanks