Turkish Sleep Medicine Society

Hikmet FIRAT
Treasurer
(Next President Elected)
Established in 1992

Member of:
- World Association of Sleep Medicine (WASM)
- European Sleep Research Society (ESRS)
- Asian Sleep Research Society (ASRS)

- Education, certification and accreditation procedures within the parallel of ESRS.
Total number of members: 1293

Types of membership:

- **Main members (808)** (Half of them are active member=pay MF)
  - physicians
  - vote
  - membership fee

- **Associate members (485)**
  - non-physician professionals at sleep medicine (technicians, etc)
    - Technicians have their self-determined group.
  - no vote
  - no membership fee

- **Honorary members (4)**
Members

- 339 Neurologists
- 271 Pulmonologists
- 110 ENT specialists
- 48 Psychiatrists
  - 10 Family physicians
  - 7 Physiologists
  - 10 Pediatric neurologists
  - 3 Anesthesists
  - 2 Internal medicine specialists
  - 2 Cardiologists
  - 2 Physical rehabilitation specialist
  - 1 General practitioners
  - 1 Pathologist
  - 1 Occupational health specialist
  - 1 Ophthalmologist

- 454 Sleep technologists/technicians
  - 8 Psychologists
  - 11 Biomedical engineers
  - 3 Dentists
  - 3 Physiotherapists
  - 3 Nurses
  - 1 Health services specialist
  - 1 Biophysics specialist
  - 1 Audiometrist
Working Groups

• Sleep Technologists and technicians
  Established in 2008.

• Basic Sleep Sciences
• Sleep Research
• Occupational Sleep Medicine
• Pediatric Sleep Medicine
• Sleep Medicine Surgery
TSMS Certification

• TSMS Board of Sleep Medicine was established in 2010 to organize educational programs for sleep medicine and certification, and continuing its tasks in collaboration with the Directory Board of TSMS.

• Must be completed residency in one of the medical fields (mainly neurology, pulmonology, psychiatry, ENT)

• Program consists of:
  - Theoretical education (5 days)
  - Practical education (6 months)
  - Board examination

• Given in 35 centers (universities and educational & research hospitals)

• 280 specialists were certificated since 1998
Accreditation of Sleep Medicine Centers

- ESRS accreditation criteria
- 35 Sleep Centers have been accredited since 2000
- Re-accreditation procedure per 5 years
  (18 Sleep Centers were re-accredited)
Last Year Major Activity
(Joint Meeting)

Worldsleep 2015
Joint Meeting of the 7th World Congress of the World Sleep Federation and Turkish Sleep Medicine Society
31st October – 03rd November 2015
Istanbul Lütfi Kirdar ICEC / Istanbul-Turkey
Sleep & Health

www.tutd.org.tr
ASRS2016
“Sleep in Asia”

01st - 05th October 2016
Maritim Pine Beach Hotel, Antalya / TURKEY

“Asian Forum on Chronobiology in 2016 will be held during the congress”

www.asrs2016.org
ONCE UPON A TIME

PORTO – 2008?

Valencia - 2009
Hope to see you all in İstanbul/Turkey

Thanks