

CLINICAL UPDATE SLEEP 19th March 2021			
Online conference			
	Stream 1		Stream 2
08.45 – 09.00	Online registration		
09.00 – 09.05	Welcome		
09.05 – 10.30	SESSION ONE (1) SLEEP-DISORDERED BREATHING I		SESSION ALPHA (A) INSOMNIA
	<i>Chair 1</i>	<i>Esther Schwarz</i>	<i>Chair 1</i> <i>Simon Kyle</i>
	<i>Chair 2</i>	<i>Gianfranco Parati</i>	<i>Chair 2</i> <i>Hugh Selsick</i>
	Speaker 1	Silke Ryan	Speaker 1 Allie Hare
	Speaker 2	Esther I Schwarz	Speaker 2 Simon Kyle
	Speaker 3	Gianfranco Parati	Speaker 3 Kirstie Anderson
10.30 – 11.00	Comfort break / optional sessions		
	Morning seminar Joerg Steier Bhik Kotecha		10.30-10.40 Workshop Sleep and Pulmonary Hypertension Jenny Bacon and Philip Marino
11.00 – 12.30	SESSION TWO (2) HYPERMOMNIAS		SESSION BETA (B) SLEEP AND FUNCTION
	<i>Chair 1</i>	<i>Guy Leschziner</i>	<i>Chair 1</i> <i>Ivana Rosenzweig</i>
	<i>Chair 2</i>	<i>Gert Jan Lammers</i>	<i>Chair 2</i> <i>Pierre-Herve Luppi</i>
	Speaker 1	Guy Leschziner	Speaker 1 Pierre-Herve Luppi
	Speaker 2	Gert Jan Lammers	Speaker 2 Alexander Nesbitt
	Speaker 3	Jasvinder Singh Kaler	Speaker 3 TBC
12.30 – 12.45	Comfort break		
12.45 – 13.45	KEYNOTE LECTURE (12.45 – 13.45)		
	<i>Introduction</i>	<i>Joerg Steier</i>	
	<i>Speaker</i>	<i>Walter McNicholas</i>	
13.45 – 14.00	Comfort break		

14.00 – 15.30	SESSION THREE (3) SLEEP-DISORDERED BREATHING II	SESSION GAMMA (Γ) PARASOMNIA
	<i>Chair 1 Renata Riha</i>	<i>Chair 1 Panagis Drakatos</i>
	<i>Chair 2 Christoph Schöbel</i>	<i>Chair 2 Sofia Eriksson</i>
	Speaker 1 Renata Riha	Speaker 1 Panagis Drakatos / David O'Regan
	Speaker 2 Carolina Lombardi	Speaker 2 Sofia Eriksson
	Speaker 3 Christoph Schöbel	Speaker 3 Rex Muza
15.30 – 16.00	Comfort break / optional sessions	
	Comfort break	15.30-15.50 Workshop Sleep and Motor Neuron Disease Michelle Ramsay and Georgios Kaltsakas
16.00 – 17.20	SESSION FOUR (4) HOT TOPICS and CLINICAL TRIALS	SESSION DELTA (Δ) BRITISH SLEEP SOCIETY SYMPOSIUM
	<i>Chair 1 Anita Simonds</i>	<i>Chair 1 Lizzie Hill</i>
	<i>Chair 2 Renaud Tamisier</i>	<i>Chair 2 Tim Quinnell</i>
	Speaker 1 Patrick Murphy	Speaker 1 Lizzie Hill
	Speaker 2 Renaud Tamisier	Speaker 2 Michele Hu
	Speaker 3 Sophie West	Speaker 3 Joerg Steier
	Speaker 4 Martino Pengo	
17.20 – 17.30	Take home message / announcements	

Registration – please ensure you have a zoom account, you will need to log in with the same email address that you purchased your ticket with on eventbrite

The content of this programme was correct at November 2020. We apologise if due to unforeseen circumstances or late amendments the arrangements on the day will slightly differ from the published version.