



**Monday 9<sup>th</sup> May to Friday 13<sup>th</sup> May 2022**

**EDINBURGH SLEEP MEDICINE COURSE 2022**

**Venue: Hilton Edinburgh Carlton  
North Bridge, Edinburgh, EH1 1SD**

This annual course aims to provide up-to-date information on the theory and practice of sleep medicine. The course is aimed at all professionals involved in the diagnosis and treatment of sleep disorders. It is open to applicants from all countries. Competence in understanding spoken English is required.

**PROPOSED GUEST SPEAKERS**

Dr R Riha - Edinburgh, Dr R Wehrle - Munich, Dr I Morrison - Dundee, Prof J Ellis - Newcastle, Prof A Johal - London, Prof B Kotecha - London, Prof G Mayer - Germany, Dr C Derry - Edinburgh, Prof D Skene - Surrey, Prof J-L Pepin – France, Dr B Kent – Ireland, Dr D Ghosh – London, Prof S Launois – France, A Morley – Glasgow, K Sabil – France, Prof R Winsky-Sommerer - UK, Prof J Steier - UK, Dr Dries Testelmans - Belgium, Prof Tiina Paunio - Helsinki, Dr Ambra Stefani - Austria, Dr Kristie Anderson – UK, Dr Monique Slaats - Netherlands

**Optional add on 2 day CBT-I Course**

**Saturday 14<sup>th</sup> May to Sunday 15<sup>th</sup> May 2022**

Speaker: Prof Jason Ellis

The aim of this course is to provide the relevant information on how to identify, assess, and diagnose insomnia, and with peer supervision, manage cases using the principles of Cognitive Behaviour Therapy for Insomnia (CBT-I).

Further Information and Registration details please contact:

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