



ASSEMBLY of
NATIONAL SLEEP SOCIETIES

*Associate Membership Body of the
European Sleep Research Society*

Constitution of the Assembly of National Sleep Societies (ANSS) under the auspices of the European Sleep Research Society (ESRS)

1. The ANSS is operational under the auspices of the ESRS. The ANSS represents as a body the associate members from different European national sleep societies (NSS). The ANSS is defined in the bylaws of the ESRS under §3 'Membership' points 3-5:
“Associate society membership of European national sleep societies is particularly encouraged. These members form the assembly of national sleep societies (ANSS) made up by one representative of each National society who must be a full ESRS member. This assembly phrases its own articles based on the following principles: (a) The ANSS meets at least every second year during the ESRS congresses. (b) The ANSS elects a committee of 5 representatives of National sleep societies which determine a chair and a co-chair. (c) This ANSS executive committee proposes one member to the ESRS board as full board member (d) The ANSS fixes annual fees to be paid by every associate society member. These fees, paid to the ESRS treasurer, are used for expenses of the ANSS.
Applications of National sleep societies to become associate society members are directed toward to ESRS board who decides on an individual basis.
Associate individual members are members of associate societies who are not full ESRS members. They have no active or passive voting rights within the ESRS, but they will get privileged access to a wide range of ESRS material.”
2. Meeting of the ANSS: it is proposed that the ANSS holds a yearly meeting. To this end, correct payment of the associate membership dues (2 EUR for paying members of the NSS) is required. Additional sponsorship may be requested.
3. The Executive Committee (EC):
 - This committee represents the core of all individuals who are a member of European NSS, who have adopted the associate membership of the ESRS.
 - The EC consists of five members.
 - The members are elected by the ANSS from a group of candidates proposed by the ANSS. Each NSS, constituent member of the ANSS, is entitled to propose a

candidate. After an informal discussion, this Assembly proposes a limited list of at least five candidates, preferably reflecting the diversity of the NSS in Europe. The five candidates who obtain the most votes from a secret ballot are elected. The chair of the exiting EC leads the election procedure.

- To assure the continuity of the ongoing work, individual members of the EC who have been elected by the Assembly are appointed for four years. However, progress of the EC should be reviewed on a yearly basis at the ANSS meeting. If needed, the ANSS may decide to change the composition of the EC. This decision may be taken by simple majority.
- Every two years some members of the EC will be replaced by election. The first time two new members will be elected, the second time three members. This scheme will be repeated thereafter.
- Exiting members from the EC may be re-elected only once, if they are again proposed as a candidate by the NSS they belong to.
- The members of the EC choose the chair and the co-chair from amongst them. The latter officer may act as the secretary of the group.
- The members of the EC choose their representative at the ESRS board.

This text represents the proposal for the constitution that was presented to the ANSS during its first meeting in Mallorca in 2007, and that was accepted unanimously by vote. The Steering Committee of the ESRS, was commissioned to continue as the EC during the first year. The first election of two new members took place at the meeting of the ANSS in Split (HR) on May 10, 2008.

On behalf of the EC,

Dirk Pevernagie, secretary,