



UNIVERSITY OF OXFORD

THE OXFORD ONLINE PROGRAMME IN SLEEP MEDICINE

MSc/PgDip Sleep Medicine

FLEXIBLE PART-TIME ONLINE STUDY



ABOUT OUR COURSES

FLEXIBLE PART-TIME ONLINE STUDY

The Oxford Online Programme in Sleep Medicine offers two postgraduate qualifications via the University of Oxford:

- Post-graduate Diploma (PgDip) Sleep Medicine
- Masters (MSc) Sleep Medicine

You can enrol for either a two-year PgDip or a two-year MSc. Students who complete the PgDip can apply to convert to the MSc after completion of a third year of study.



MSc students are affiliated to Somerville College.

As a student on the MSc/PgDip Sleep Medicine, you will spend two years engaged in a comprehensive taught programme covering all aspects of Sleep Medicine from the physiological basis of sleep, to clinical practice and societal implications.

Delivery is online, with a one-week residential component. You will engage regularly in real time teaching with classmates and faculty.

Our flexible online format fits around your existing work and personal commitments, and all timezones are accommodated to allow truly international study.

CORE MODULES

COMPREHENSIVE TAUGHT PROGRAMME

The MSc/PgDip Sleep Medicine is a part-time course, completed over two years. During that time, you will complete eight modules, providing a comprehensive overview of Sleep Medicine that is in line with the European Sleep Research Society's Catalogue of Knowledge and Skills:

- **Physiological Basis of Sleep**
- **Introduction to Sleep Medicine and Methodological Approaches**
- **Circadian Rhythm Disruption and Sleep**
- **Insomnias**
- **Sleep-related Breathing Disorders and Sleep-related Movement Disorders**
- **Hypersomnias and Parasomnias**
- **Sleep in Specialist Populations**
- **Sleep and Society**



MSc students also complete an additional two modules in **Research Methodology**, which will support you as you work on your dissertation submission at the end of year two.

Each module comprises recorded lectures, reading and weekly live discussion groups, designed to give as much flexibility as possible, whilst still providing the necessary support and community with your fellow students and teaching team.

OUR STUDENTS

MULTIDISCIPLINARY PROFESSIONALS

Our MSc/PgDip Sleep Medicine students come from a wide range of multidisciplinary backgrounds, including, but not limited to:

- Respiratory physicians
- Neurologists
- Psychiatrists
- Paediatricians
- Geriatricians
- GPs
- Nurses
- Clinical psychologists
- Dentists
- Sleep scientists/researchers
- Sleep technologists
- Allied health professionals

The course is also appropriate for those who are relatively early in their careers, including those recently graduating from a relevant undergraduate education programme.

This programme does not confer a licence to practice.

As an Oxford graduate you will obtain a specialist credential to promote your development and practice. You are expected to practice within your own professional codes and the boundaries of your professional certification.

***For further information or to apply, please visit our website:
<https://bit.ly/OxfordSleepMedicine>***

***Or email us:
sleepmedicine@ndcn.ox.ac.uk***

