

12:20 How to score sleep in children?

Raffaele Ferri

13:00 – 13:20 Discussion

13:20-14:30 Lunch break

14:30 Insomnia in children: phenotypes and pharmacological treatment

Oliviero Bruni

15:10 Paediatric behavioural sleep medicine

Karen Spruyt

15:50 – 16:10 Discussion

16:10-16:30 Coffee break

16:30-18:30 Hands on – PSG scoring, PG evaluation

(Miano, Bruni, Nobili, Ferri and all)

Red Room (1st floor of the castle) and PC room (ground floor of the castle)

18:30-19:30 Case discussion

Presented by participants

18.30-18.40	Kalomoira Kefala	OSA stress mechanisms hyperextensibility inflammation hypoaminoacidemia
18.40-18.50	Martina Gnazzo	Comorbidity between narcolepsy and psychosis
18.50-19.00	Eduardo Javier Correa	New findings regarding ankyloglossia and OSA
19.00-19.10	Alžběta Majtanová	Narcolepsy
19.10-19.20	Gabriela Zambrano	Sleep-related breathing disorder

20:00 – Dinner

Friday 12th April 2024

8:00 Parasomnias in children

Lino Nobili, Fresco Room (1st floor of the castle)

8:40 Restless sleep in children

Raffaele Ferri

9:20 Narcolepsy and central hypersomnias in children

Giuseppe Plazzi

10:00 Assessing daytime sleepiness in children

Fabio Pizza

10:40-11:00 Discussion

11:00-11:20 Coffee break

11:20 Sleep disordered breathing in children

Erna Sif Arnardottir

12:00 OSA treatment in children

Plamen Bokov

12:40-13:00 Group picture

13:00-14:00 Lunch break

14:00 Sleep and neurodevelopmental disorders

Silvia Miano

14:40 Circadian rhythm sleep and wake disorders in children and adolescents

Paul Gringras

15:20-15:40 Discussion

15:40-16:00 Coffee break

16:00-18:00 Hands on – PSG scoring, PG evaluation

(Miano, Bruni, Nobili, Ferri and all)

Red Room (1st floor of the castle) and PC room (ground floor of the castle)

18:00-19:00 Case discussion

Presented by participants

18.00-18.10	Juan Cote Orozco	Narcolepsy secondary to neuromyelitis optical spectrum disorder
18.10-18.20	Dominique Stumpel	Narcolepsy like disease in Prader Willi Syndrome
18.20-18.30	Khue Bui	Restless leg syndrome
18.30-18.40	Gintare Oboleviciene	Severe obstructive sleep apnea and sleep-related hypoventilation
18.40-18.50	Petar Chipev	Coffin-Siris syndrome

19:30 – Dinner

Saturday 13th April 2024

8:00 Sleep deprivation, insomnia and mental health

Lino Nobili, Fresco Room (1st floor of the castle)

8:40 Sleep disorders and general health problems (obesity etc....)

BG Strazisar

9:20 Research in paediatric sleep medicine

Karen Spruyt

10:00-10:20 Coffee break

10:20 Pharmacological treatment in paediatric sleep disorders, where are we?

Paul Gringras

11:00 The future of sleep measurement and treatment in children.

Erna Sif Arnardóttir

11:40 Sponsors' final remarks

12:00-13:00 Lunch and farewell

13:00 departure of a bus from Forli to Bertinoro