



**LIST OF ENDORSED COURSES OF THE EUROPEAN ACADEMY OF COGNITIVE BEHAVIOURAL THERAPY FOR INSOMNIA**

Country	Person in charge	Person in charge email contact	Institution	City	Language	Level of expertise
<b>Czech Republic</b>	Karolina Janku	Karolina.Janku@nudz.cz	National Institute of Mental Health, Czech Republic (NIMH-CZ)	Klecany	Czech	Foundation/Advanced
<b>Finnland</b>	Heli Järnefelt	Heli.Jarnefelt@ttl.fi	Finnish Institute of Occupational Health (FIOH)	Helsinki	Finnish	Foundation/Advanced
<b>Germany</b>	Dieter Riemann, Kai Spiegelhalter	kai.spiegelhalter@uniklinik-freiburg.de	Department of Psychiatry and Psychotherapy, Faculty of Medicine, University of Freiburg (Germany)	Freiburg	English	Foundation/Advanced
<b>Germany</b>	Dieter Riemann, Kai Spiegelhalter	kai.spiegelhalter@uniklinik-freiburg.de	Department of Psychiatry and Psychotherapy, Faculty of Medicine, University of Freiburg (Germany)	Freiburg	German	Foundation/Advanced
<b>Italy</b>	Chiara Baglioni	c.baglioni@unimarconi.it	Postgraduate Training Schools of Cognitive Psychotherapy (Scuole di Psicoterapia Cognitiva, SPC, Italy)	Italy (Online)	Italian	Foundation/Advanced
<b>Italy</b>	Caterina Lombardo	caterina.lombardo@uniroma1.it	Department of Psychology „Sapienza“ University of Rome (Italy)	Rome	Italian	Expert

<b>Netherlands</b>	Geert Peeters, Ingrid Verbeek	verbeeki@kempenhaeghe.nl	Center for Sleepmedicine Kempenhaeghe Heeze (The Netherlands)	Heeze	Dutch	Foundation/Advanced
<b>Netherlands</b>	Barbara Mudler, Isabel Van Schie	barbara@slaapmakend.nl	Slaapmakend	Amsterdam	Dutch	Foundation
<b>Norway</b>	Hårvard Kallestad	havard.kallestad@ntnu.no	Norsk forening for kognitiv terapi (the Norwegian Association for Cognitive Therapy)	Trondheim	Norwegian	Foundation
<b>Poland</b>	Adam Wichniak	wichniak@ipin.edu.pl	Warsaw Institute of Psychiatry and Neurology	Warsaw	Polish	Foundation/Advanced
<b>Switzerland</b>	Slawik Helen Christina	HelenChristina.Slawik@upk.ch	Universitäre Psychiatrische Kliniken Basel	Basel	German	Foundation/Advanced
<b>Switzerland</b>	Christoph Nissen	christoph.nissen@hcuge.ch	Universitätsklinik für Psychiatrie und Psychotherapie Bern (Switzerland)	Bern	German	Foundation/Advanced
<b>UK</b>	Dimitri Gavriloff	dimitri.gavriloff@ndcn.ox.ac.uk	University of Oxford (Sleep and Circadian Neuroscience Institute, UK)	Oxford	English	Foundation/Advanced