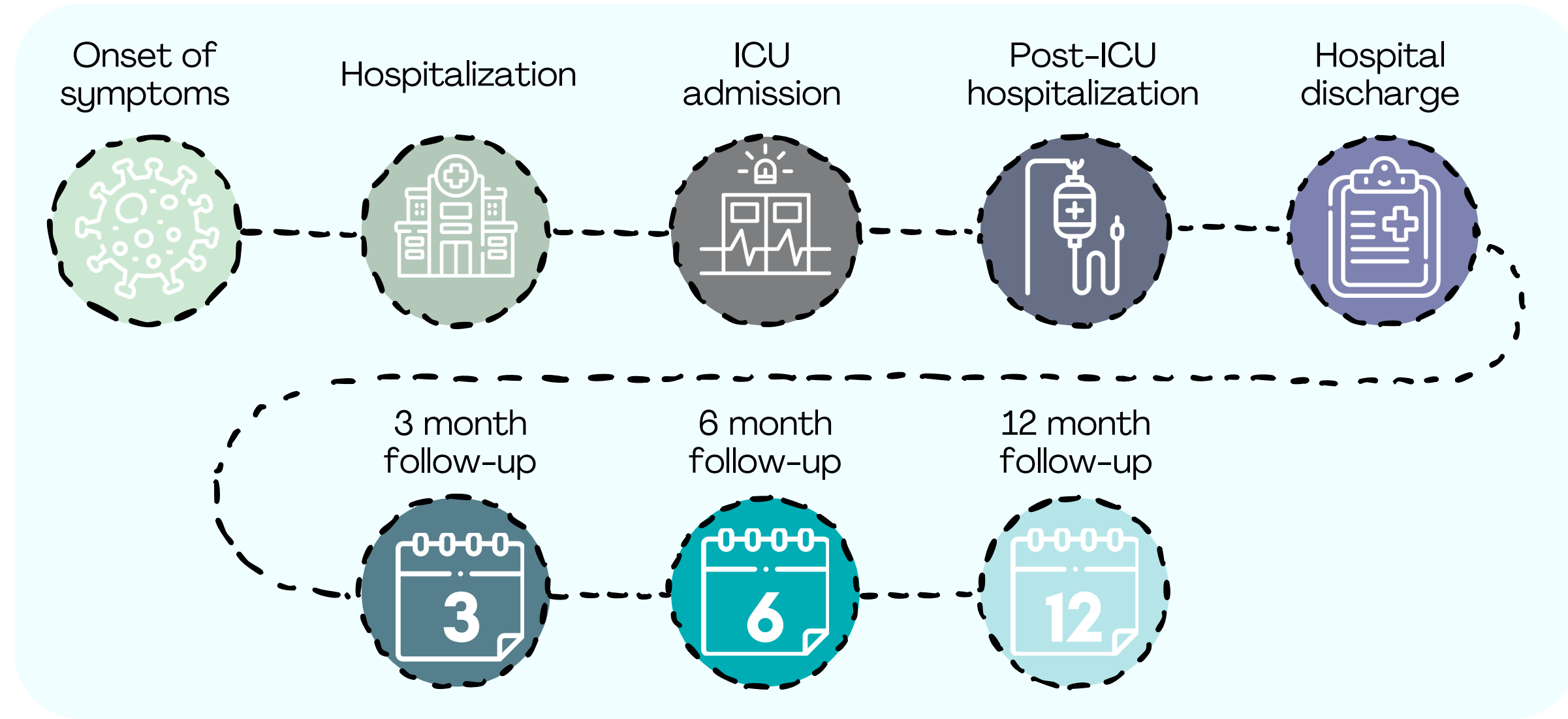


Sleep and Circadian Health of Critical Survivors: A 12-Month Follow-Up Study



The Pittsburgh Sleep Quality Index (PSQI) was used to evaluate sleep quality.

The assessment of circadian rest-activity rhythm was performed through the use of a wrist-mounted actigraph for 7 days.

